



Patient details

Date	:	23-Jul-2024 / 4:30PM - 4:45PM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	43650 / Muhammad Jahangeer Muhammad Hussain Sabir
Mobile #	:	0545836405
Gender / DOB/Age	:	Male / 14-Sep-1989
Nationality	:	Pakistani
Insurance / Card#	:	KHAT AL HAYA MANAGEMENT OF HEALTH INSURANCE CLAIMS LLC / I011-037-119625155-01
EMID #	:	784-1989-5268530-7



Photo
Not
Available

Medical Record details

Complaints

Complaints

co back pain bone pain 15th july 2024
oe
muscle strain
chest is clear no added sounds
restless

Past / Family / Social History

Past History :
Other Past History :
Family History :
Social History - Smoking : No
Social History - Alcohol : No
Surgical History :

Vital Signs

Temperature : 36.3 BPS : 78 BPD : Pulse : 78 Height : 167 cm Weight : 72 kg
BMI : 25.81663 bpm Respiratory : 18 bpm SpO2 : 99% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
23-Jul-2024	Humaira	E55.9	Vitamin D deficiency, unspecified	
23-Jul-2024	Humaira	R52	Pain, unspecified	
23-Jul-2024	Humaira	M62.830	Muscle spasm of back	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
VOLTAREN EMULGEL 12 HOURS / (DICLOFENAC DIETHYLAMINE : 23.2 MG / G) GEL TOPICAL / GEL (100G, TUBE) / Gel	Take 1Gel 1Time(s) perDay For 1 Day(s) others	1	1	
VOLFAST / (DICLOFENAC POTASSIUM : 50 MG) POWDER FOR SOLUTION ORAL / POWDER FOR SOLUTION (30S, SACHET) / sachet	Take 1sachet 3 Time(s) per Day For 5 Day(s) others	5	15	
MYDOCALM / (TOLPERISONE : 150 MG) SUGAR COATED TABLETS ORAL / SUGAR COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 7 Day(s) others	7	14	

Doctor Signature & Stamp :

Humaira

Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

