



#### Patient details

|                      |   |                                                                   |  |                            |
|----------------------|---|-------------------------------------------------------------------|--|----------------------------|
| Date                 | : | 12-Dec-2024 / 4:00PM - 4:15PM                                     |  | <b>Photo Not Available</b> |
| Doctor               | : | Humaira(General)                                                  |  |                            |
| Reg # / Patient Name | : | 45201 / Munna Maganja                                             |  |                            |
| Mobile #             | : | 0521201284                                                        |  |                            |
| Gender / DOB/Age     | : | Male / 25-Nov-1988                                                |  |                            |
| Nationality          | : | Ugandan                                                           |  |                            |
| Insurance / Card#    | : | KHAT AL HAYA MANAGEMENT OF HEALTH INSURANCE CLAIMS LLC / LL523940 |  |                            |
| EMID #               | : | 784-1988-1591628-7                                                |  |                            |

#### Medical Record details

#### Complaints

|                                   |
|-----------------------------------|
| Complaints                        |
| co pain in foot 10th dec.2024     |
| oe chest is clear no added sounds |
| restless                          |

#### Vital Signs

Temperature : 36 BPS : 84 BPD : Pulse : 86 Height : 160 cm Weight : 68 kg  
BMI : 26.5625 bpm Respiratory : 18 bpm SpO2 : 94% Hip : cm Waist : cm  
Head Circumference : cm  
Urinalysis (Protein & Glucose) :  
Notes : RISK OF FALL

#### Diagnosis

| Date        | Doctor  | ICD Code | Diagnosis          | Notes |
|-------------|---------|----------|--------------------|-------|
| 12-Dec-2024 | Humaira | R52      | Pain, unspecified  |       |
| 12-Dec-2024 | Humaira | M62.838  | Other muscle spasm |       |

#### Prescription

| Generic/Dose/Form                                                                                                                         | Instructions                                        | Duration | Quantity | Refill |
|-------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|----------|----------|--------|
| VOLTAREN EMULGEL 12 HOURS / (DICLOFENAC DIETHYLAMINE : 23.2 MG / G) GEL<br>DICLOFENAC DIETHYLAMINE [23.2 MG / G] / GEL (100G, TUBE) / Gel | Take 1Gel 1Time(s) perDay For 1 Day(s) others       | 1        | 1        |        |
| BRUFEN 600 / (IBUPROFEN : 600 MG) FILM COATED TABLETS IBUPROFEN [600 MG] /<br>FILM COATED TABLETS (30S, BLISTER PACK) / Tablets           | Take 1Tablets 2 Time(s) per Day For 5 Day(s) others | 5        | 10       |        |
| MYDOCALM / (TOLPERISONE : 150 MG) SUGAR COATED TABLETS TOLPERISONE [150<br>MG] / SUGAR COATED TABLETS (30S, BLISTER PACK) / Tablets       | Take 1Tablets 2 Time(s) per Day For 5 Day(s) others | 5        | 10       |        |

Doctor Signature & Stamp :

Dr. Humaira Mumtaz  
General Practitioner  
DHA No: 54155530-892  
CITICARE MEDICAL CENTER LLC  
DUBAI - U.A.E.

