



Patient details

Date	:	13-Dec-2024 / 7:45PM - 8:00PM	
Doctor	:	Humaira(General)	
Reg # / Patient Name	:	44816 / PENINAH NJAMBI KIARIE	
Mobile #	:	054727481	
Gender / DOB/Age	:	Male / 29-Sep-1990	
Nationality	:	Kenyan	
Insurance / Card#	:	NAS VN / 7ED4-523F-EFC4-EFAD	
EMID #	:	784-1990-6937328-2	

Medical Record details

Complaints

Imp 8th dec 2024

co heavy menses 12 pads in a day lower abdominal pain

oe chest is clear pallor ill looking

restless

copper t insertion 2month before

rest for 3 days

Vital Signs

Temperature	: 36	BPS	: 69	BPD	:	Pulse	: 74	Height	: 166 cm	Weight	: 68 kg
BMI	: 24.67702 bpm	Respiratory	: 18 bpm	SpO2	: 94%	Hip	: cm	Waist	: cm		
Head Circumference	:		cm								
Urinalysis (Protein & Glucose)	:										
Notes	: RISK OF FALL										

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
13-Dec-2024	Humaira	R10.30	Lower abdominal pain, unspecified	
13-Dec-2024	Humaira	N92.0	Excessive and frequent menstruation with regular cycle	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
DICYNONE 500 MG / (ETAMSYLATE : 500 MG) CAPSULES ETAMSYLATE [500 MG] / CAPSULES (20S, BLISTER) / Capsule	Take 1Capsule 2 Time(s) per Day For 5 Day(s) others	5	10	
PONSTAN FORTE / (MEFENAMIC ACID : 500 MG) TABLETS MEFENAMIC ACID [500 MG] / TABLETS (20S, BLISTER PACK) /	Take 1Tablets 2 Time(s) per Day For 3 Day(s) others	3	6	

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
Tablets				



Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.



Doctor Signature & Stamp :