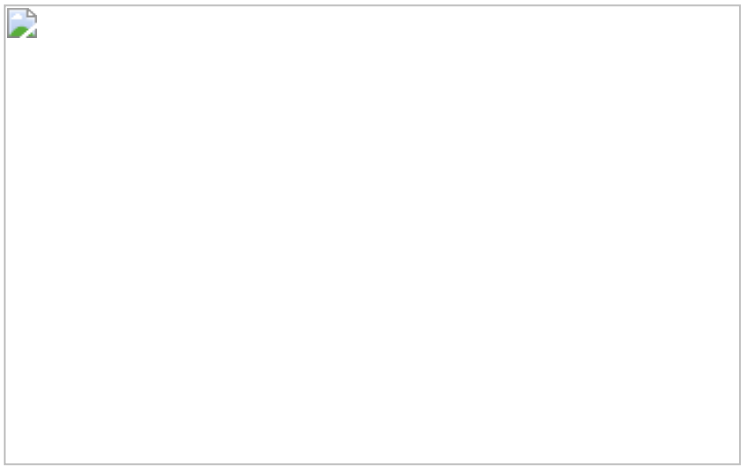
Patient details

Date	:	06-Feb-2025 / 12:00PM - 12:15PM
Doctor	:	SANDIA (Dermatology)
Reg # / Patient Name	:	45768 / ISLAM MOHAMED ABDALLAH ABDELAZIZ KASSEM
Mobile #	:	0555071987
Gender / DOB/Age	:	Female / 01-Jan-1988
Nationality	:	Egyptian
Insurance / Card#	:	E CARE - Blue Network / I040-029-121598986-01
EMID #	:	784-1988-6986385-6



Medical Record details

Complaints

Complaints

pc: problem falling sleep

takes lot of time to sleep

snorring and

runny nose severe,

work compromised because of rhinitis

blocked nose

no pain

oe: no added sounds

throat clear

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature	: 36.4	**BPS**	: 80	**BPD**	:	**Pulse**	: 72	**Height**	: 174 cm	**Weight**	: 98 kg
BMI	: 32.36887 bpm	**Respiratory**	: 18 bpm	**SpO2**	: 97%	**Hip**	: cm	**Waist**	: cm		

Head Circumference : cm

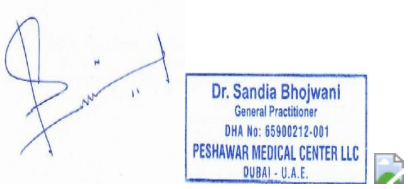
Urinalysis (Protein & Glucose) :

Notes : risk of fall

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
06-Feb-2025	SANDIA	G47.00	Insomnia, unspecified	
06-Feb-2025	SANDIA	R09.81	Nasal congestion	
06-Feb-2025	SANDIA	R06.83	Snoring	
06-Feb-2025	SANDIA	J30.9	Allergic rhinitis, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
FLUTAB / (DIPHENHYDRAMINE : 25 MG (PARACETAMOL : 500 MG (PSEUDOEPHEDRINE : 30 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (20S, BLISTER PACK / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10	
ARTIZ / (CETIRIZINE HCL : 10 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (10S, BLISTER PACK / Tablets	Take 1Tablets 1 Time(s) per Day For 10 Day(s) others	10	10	
SNIZDIL 1MG/ML / (AZELASTINE HCL : 1 MG/ML) NASAL SPRAY AZELASTINE HCL [1 MG/ML] / NASAL SPRAY (10ML, SPRAY BOTTLE) / Tablets	Take 1Tablets 2 Time(s) per Day For 7 Day(s) others	7	14	

Doctor Signature & Stamp :