Patient details

Date	:	22-Apr-2025 / 12:00PM - 12:15PM
Doctor	:	DR Amaizah(General)
Reg # / Patient Name	:	31791 / ANAM HOSSAIN ABDUL QUDDUS
Mobile #	:	0553108331
Gender / DOB/Age	:	Male / 25-May-1988
Nationality	:	Bangladeshi
Insurance / Card#	:	E CARE - Blue Network / I040-029-113718537-01
EMID #	:	784-1988-8652021-6

Medical Record details

Complaints

Complaints

pc : severe headache which is 8 on pain score

sneezing ,nasal congestion , nasal bleed . causing difficulkty in breathing started 17/04/25

mouth breathing only for few weeks , now congested sinusses, took paracetamol not improved

o/e : hyperemic pharynx

hyperemic nasal mucosa , swollen , congested

Past / Family / Social History

Past History	:	
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature	: 36.3	**BPS**	: 70	**BPD**	:	**Pulse**	: 70	**Height**	: 162 cm	**Weight**	: 70 kg
BMI	: 26.67276 bpm	**Respiratory**	: 20 bpm	**SpO2**	: 98%	**Hip**	: cm	**Waist**	: cm		

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK OF FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
22-Apr-2025	DR Amaizah	R06.2	Wheezing	
22-Apr-2025	DR Amaizah	R09.81	Nasal congestion	
22-Apr-2025	DR Amaizah	J30.9	Allergic rhinitis, unspecified	
22-Apr-2025	DR Amaizah	J02.9	Acute pharyngitis, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
NATAZONE / (MOMETASONE FUROATE (AS MONOHYDRATE) : 50 MCG/DOSE) SUSPENSION FOR NASAL SPRAY MOMETASONE FUROATE (AS MONOHYDRATE) [50 MCG/DOSE] / SUSPENSION FOR NASAL SPRAY (120 DOSE, METERED DOSE SPRAY) / Spray	Take 1Spray 2 Time(s) per Day For 7 Day(s) after meal	7	1	
GUPISONE 20MG / (PREDNISOLONE : 20 MG) TABLETS PREDNISOLONE [20 MG] / TABLETS (20S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) after meal	7	7	
PULMICORT 0.25MG/ML / (BUDESONIDE : 0.25 MG/ML) SUSPENSION FOR NEBULIZATION BUDESONIDE [0.25 MG/ML] / SUSPENSION FOR NEBULIZATION (2ML X 20, UNIT) / Solution	Take 1Solution 1 Time(s) per Day For 3 Day(s) others	3	3	

Doctor Signature & Stamp :

Dr. Amaizah Ishtiaq
General Practitioner
DHA: 98486553-001
CITICARE MEDICAL CENTER
DUBAI - U.A.E