



Patient details

Date	:	17-Jul-2025 / 1:30PM - 1:45PM
Doctor	:	KEERTHANA(General)
Reg # / Patient Name	:	47419 / ADARSH BABY NAIR SURESH
Mobile #	:	0509457303
Gender / DOB/Age	:	Male / 03-Jun-1992
Nationality	:	Indian
Insurance / Card#	:	NGI - HN BASIC PLUS / 102-105- 0004320901-01
EMID #	:	784-1992-0962466-9



**Photo
Not
Available**

Medical Record details

Complaints**Complaints**

PC fever,headache,running nose,cough,sorethroat

HOPC Pt presented with complaints of fever,running nose,headache,sorethroat,nose block since yesterday

Pt had similar symptoms one week back

Nil comorbs

No history of drug allergy

O\ E Chest clear

Tonsils erythematous

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 37 **BPS** : 93 **BPD** : **Pulse** : 84 **Height** : 168 cm **Weight** : 90 kg
BMI : 31.88775 bpm **Respiratory** : 18 bpm **SpO2** : 98% **Hip** : cm **Waist** : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK OF FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
17-Jul-2025	KEERTHANA	K29.00	Acute gastritis without bleeding	
17-Jul-2025	KEERTHANA	J02.9	Acute pharyngitis, unspecified	
17-Jul-2025	KEERTHANA	R07.0	Pain in throat	
17-Jul-2025	KEERTHANA	J30.9	Allergic rhinitis, unspecified	
17-Jul-2025	KEERTHANA	R51.9	Headache, unspecified	

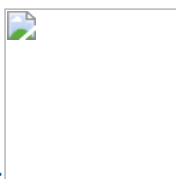
Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
DESLAREX 5MG / (DESLORATADINE : 5 MG) FILM COATED TABLETS DESLORATADINE [5 MG] / FILM COATED TABLETS (20S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) others	5	5	
ZYNEX 20 / (ESOMEPRAZOLE (AS MAGNESIUM) : 20 MG) CAPSULES (HARD GELATIN) ESOMEPRAZOLE (AS MAGNESIUM) [20 MG] / CAPSULES (HARD GELATIN) (14S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) others	5	5	
K-ZITHRIN 500 / (AZITHROMYCIN DIHYDRATE : 500 MG) TABLETS AZITHROMYCIN DIHYDRATE [500 MG] / TABLETS (3S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) others	5	5	
PANADOL COLD + FLU ALL IN ONE / (PHENYLEPHRINE : 5MG) (GUAIFENESIN : 100 MG) (PARACETAMOL : 250 MG) FILM COATED TABLETS PHENYLEPHRINE/GUAIFENESIN/PARACETAMOL [5MG 100 MG 250 MG] / FILM COATED TABLETS (24S, BLISTER PACK) / Tablets	Take 1Tablets 3 Time(s) per Day For 3 Day(s) others	3	9	
OTRIVIN MENTHOL 0.1% / (XYLOMETAZOLINE HCL (MENTHOL) : 0.1%) LIQUID FOR SPRAY (NASAL) XYLOMETAZOLINE HCL (MENTHOL) [0.1%] / LIQUID FOR SPRAY (NASAL) (10ML, SPRAY BOTTLE) / Drops	Take 1Drops 1 Time(s) per Day For 5 Day(s) others	5	5	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
17-Jul-2025	Patient presented with complaints of fever,headache,running nose,nasal block,cough from yesterday On examination his tonsils are infected,pt looks tired and dehydrated He has been treated with parenteral as well as oral medications. He is advised to have rest and leave from duty on 18\7\25 for the complete restoration of his health.			KEERTHANA	17-Jul-2025 13:45:36

Doctor Signature & Stamp :



د. كيرثانا راني ياديبورايل ثارا
 Dr. Keerthana Rani Padippurayil Thara
 General Practitioner
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