



Patient details

Date	:	22-Jul-2025 / 6:15PM - 6:30PM
Doctor	:	KEERTHANA(General)
Reg # / Patient Name	:	47025 / BINDU RANI PRABHAKARAN NAIR NARAYANAN PARETHODI
Mobile #	:	0505317751
Gender / DOB/Age	:	Female / 11-Nov- 1969
Nationality	:	Indian
Insurance / Card#	:	NEXTCARE -OP PCP / F2BF-7DC4-38CD- 4EE7
EMID #	:	784-1969-1732905-2



**Photo
Not
Available**

Medical Record details

Complaints

Complaints

PC localized pain sole of left foot

HOPC PT PRESENTED WITH COMPLAINTS OF PAIN IN THE CENTRE OF LEFT SOLE OF FOOT AFTER WEARING NEW POINTED SHOES ON 14-7-2025 WHICH CAN PROBABLY AN INJURY

O\E Contusion present over centre of sole

Mild tenderness present,sensation present

Pt gives a history of new sandal used one week back

K\C\O DM

Vit D3 14

Past / Family / Social History

Past History	:	Diabetes
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature	: 36.8	BPS	: 80	BPD	:	Pulse	: 78	Height	: 165 cm	Weight	: 68 kg
BMI	: 24.97704 bpm	Respiratory	: 18 bpm	SpO2	: 98%	Hip	: cm	Waist	: cm		
Head Circumference	:		cm								

Urinalysis (Protein & Glucose) :
Notes : RISK FOR FALL

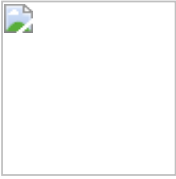
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
22-Jul-2025	KEERTHANA	R52	Pain, unspecified	
22-Jul-2025	KEERTHANA	S99.922S	Unspecified injury of left foot, sequela	
22-Jul-2025	KEERTHANA	S90.32XS	Contusion of left foot, sequela	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
BIOGLOBIN / (ZINC GLUCONATE : 97.58 MG) (IRON (FERROUS FUMARATE) : 76.07 MG) (VITAMIN B6 (AS PYRIDOXINE HCL) : 6.07 MG) (CUPRIC CITRATE (COPPER) : 5.68 MG) (VITAMIN B12 (CYANOCOBALAMIN) : 1 MG) (PTEROYLMONOGLUTAMIC ACID : 500 MCG) CAPSULES (HARD GELATIN) ZINC GLUCONATE/IRON (FERROUS FUMARATE)/VITAMIN B6 (AS PYRIDOXINE HCL)/CUPRIC CITRATE (COPPER)/VITAMIN B12 (CYANOCOBALAMIN)/PTEROYLMONOGLUTAMIC ACID [97.58 MG 76.07 MG 6.07 MG 5.68 MG 1 MG 500 MCG] / CAPSULES (HARD GELATIN) (30S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 30 Day(s) others	30	30	
D-FORTE / (ERGOCALCIFEROL (VITAMIN D2) : 50000 IU) SOFT GELATIN CAPSULES ERGOCALCIFEROL (VITAMIN D2) [50000 IU] / SOFT GELATIN CAPSULES (12S, HDPE BOTTLE) / Tablets	Take 1Tablets 1 Time(s) per Week For 8 Day(s) others	8	8	
REPARIL / (SODIUM AESCINATE : 20 MG) TABLETS SODIUM AESCINATE [20 MG] / TABLETS (40S, BOX) / Tablets	Take 1Tablets 2 Time(s) per Day For 3 Day(s) others	3	6	

Doctor Signature & Stamp :



د. كيرثانا راني پاديبورايل ثارا
Dr. Keerthana Rani Padipuraail Thara
General Practitioner
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