



Patient details

Date	:	25-Jul-2025 / 10:15PM - 10:30PM
Doctor	:	KEERTHANA(General)
Reg # / Patient Name	:	45612 / HAMZA ZAHID ALLAH DITTA
Mobile #	:	0563442933
Gender / DOB/Age	:	Male / 01-Jan-1998
Nationality	:	Pakistani
Insurance / Card#	:	E CARE - Blue Network / I035-029-122046277-01
EMID #	:	784-1998-2168476-0



Medical Record details

Complaints

Complaints

PC FATIGUE,TIREDNESS,FEELS HUNGRY BUT COULDN'T EAT

HOPC he has cut down the food quantity since the last one month to reduce weight following which he feels fatigue,tiredness

He also has constipation

O/E conscious and oriented

Advised proper diet,proper exercise and to keep hydrated,small frequent meals

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36 BPS : 88 BPD : Pulse : 86 Height : 171 cm Weight

BMI : 28.3848 bpm

Respiratory : 18 bpm

SpO2 : 99%

Hip : cm

Waist : cm

Head Circumference :

cm

Urinalysis (Protein & Glucose) :

Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	No
25-Jul-2025	KEERTHANA	K59.00	Constipation, unspecified	
25-Jul-2025	KEERTHANA	E86.0	Dehydration	
25-Jul-2025	KEERTHANA	R42	Dizziness and giddiness	

Prescription

Generic/Dose/Form	Instructions	Duration	Quai
ADDITIVA VITAMIN C LEMON / (ASCORBIC ACID (VITAMIN C) : 1000 MG) EFFERVESCENT TABLETS ASCORBIC ACID (VITAMIN C) [1000 MG] / EFFERVESCENT TABLETS (20S, TUBE) / Tablets	Take 1Tablets 1 Time(s) per Day For 10 Day(s) others	10	10
DUPHALAC / (LACTULOSE : 66.7%) SYRUP LACTULOSE [66.7%] / SYRUP (300ML, PLASTIC BOTTLE) / Solution	Take 20Solution 1 Time(s) per Day For 3 Day(s) others	3	60

Doctor Signature & Stamp :



د. كيرثانا راني باديبورايل ثارا

Dr. Keerthana Rani Padippurayil Thara

General Practitioner

License No.: 37864046-001

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