



Patient details

Date	:	19-Aug-2025 / 2:00PM - 2:15PM		Photo Not Available
Doctor	:	KEERTHANA(General)		
Reg # / Patient Name	:	46853 / Stephane Justine Evelyn Hornsby Stoltz		
Mobile #	:	0552934193		
Gender / DOB/Age	:	Female / 13-Nov-1997		
Nationality	:	South African		
Insurance / Card#	:	NGI - HN BASIC PLUS / I038-000-121580698-01		
EMID #	:	784-1997-8121398-0		

Medical Record details

Complaints

Complaints
PC bodypain,joint pain,decreased sleep,tiredness,throat irritation,cough,nasal congestion
HOPC pt presents with complaints of bodypain,joint pain,decreased sleep,tiredness,throat irritation,cough,nasal congestion since 3 days
She is nauseous
Family history of hypertension\diabetes\hyperlipidemia\ASTHMA
O\E chest clear
Tonsils normal

Past / Family / Social History.

Past History	:	
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

[illegible]

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
19-Aug-2025	KEERTHANA	R11.2	Nausea with vomiting, unspecified	
19-Aug-2025	KEERTHANA	R51.9	Headache, unspecified	
19-Aug-2025	KEERTHANA	R52	Pain, unspecified	
19-Aug-2025	KEERTHANA	E86.0	Dehydration	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ADDITIVA VITAMIN C LEMON / (ASCORBIC ACID (VITAMIN C) : 1000 MG) EFFERVESCENT TABLETS ASCORBIC ACID (VITAMIN C) [1000 MG] / EFFERVESCENT TABLETS (20S, TUBE) / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) others	5	5	
RHUMALGAN EMULGEL / (DICLOFENAC DIETHYLAMINE : 11.6 MG/ G) GEL DICLOFENAC DIETHYLAMINE [11.6 MG/ G] / GEL (50G, TUBE) / Gel	Take 1Gel 2 Time(s) per Day For 5 Day(s) others	5	10	
MAXIGESIC / (IBUPROFEN : 150 MG) (PARACETAMOL : 500 MG) FILM COATED TABLETS IBUPROFEN/PARACETAMOL [150 MG 500 MG] / FILM COATED TABLETS (32S, BLISTER) / Tablets	Take 1Tablets 2 Time(s) per Day For 3 Day(s) others	3	6	

Doctor Signature & Stamp :



د. کیرثانا رانی پادپورانی ٹارا
Dr. Keerthana Rani Padipourani Thara
General Practitioner
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CITICARE MEDICAL CENTER LLC

