

**Patient details**

|                            |   |                                               |
|----------------------------|---|-----------------------------------------------|
| Date                       | : | 22-Aug-2024 /<br>10:30AM - 10:45AM            |
| Doctor                     | : | Humaira(General)                              |
| Reg # /<br>Patient<br>Name | : | 43891 / MIRZA<br>MAAZ ALI BAIG                |
| Mobile #                   | : | 0554686160                                    |
| Gender /<br>DOB/Age        | : | Male / 25-Jun-1991                            |
| Nationality                | : | Pakistani                                     |
| Insurance<br>/ Card#       | : | NEXTCARE -OP PCP /<br>47E5-<br>A627-455F-4D77 |
| EMID #                     | : | 784-1991-8404613-6                            |

**Medical Record details****Complaints****Complaints**

co fever on and off running nose pain in throat bodyache dry cough 19th august 2024

oe

enlarge tonsills

chest is congested no added sounds

restless taking tablet penadol at home

advise 2 days rest

**Past / Family / Social History**

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

**Vital Signs**

Temperature : 36.4      BPS : 70      BPD :      Pulse : 82      Height : 175 cm      We  
BMI : 32 bpm      Respiratory : 18 bpm      SpO2 : 99%      Hip : cm      Waist : cm  
Head Circumference : cm  
Urinalysis (Protein & Glucose) :  
Notes : RISK FOR FALL

## Diagnosis

| Date        | Doctor  | ICD Code | Diagnosis                                      |
|-------------|---------|----------|------------------------------------------------|
| 22-Aug-2024 | Humaira | K29.00   | Acute gastritis without bleeding               |
| 22-Aug-2024 | Humaira | R05      | Cough                                          |
| 22-Aug-2024 | Humaira | J06.9    | Acute upper respiratory infection, unspecified |
| 22-Aug-2024 | Humaira | R50.9    | Fever, unspecified                             |

## Prescription

| Generic/Dose/Form                                                                                                                                                               | Instructions                                        | Duration | Qu |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|----------|----|
| ZYNEX 20 / (ESOMEPRAZOLE (AS MAGNESIUM) : 20 MG) CAPSULES (HARD GELATIN) ORAL / CAPSULES (HARD GELATIN) (14S, BLISTER) / Tablets                                                | Take 1Tablets 1 Time(s) per Day For 7 Day(s) others | 7        | 7  |
| STOPKOF (ALCOHOL FREE) / (AMMONIUM CHLORIDE : 131.5 MG/5 ML) (DIPHENHYDRAMINE HCL : 13.5 MG/5ML) SYRUP (ALCOHOL FREE) ORAL / SYRUP (ALCOHOL FREE) (100ML, GLASS BOTTLE) / Syrup | Take 10ML 3 Time(s) per Day For 7 Day(s) after meal | 1        | 1  |
| ADOL EXTRA / (CAFFEINE : 65 MG) (PARACETAMOL : 500 MG) CAPLETS CAFFEINE/PARACETAMOL [65 MG  500 MG] / CAPLETS (24S, BOX) / Tablets                                              | Take 1Tablets 2 Time(s) per Day For 6 Day(s) others | 6        | 12 |
| AUGMENTIN 1G / (CLAVULANIC ACID : 125 MG) (AMOXICILLIN : 875 MG) TABLETS ORAL / TABLETS (14S, BLISTER PACK) / Tablets                                                           | Take 1Tablets 1 Time(s) per Day For 7 Day(s) others | 7        | 7  |
| ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS ORAL / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets                                                                   | Take 1Tablets 1 Time(s) per Day For 5 Day(s) others | 5        | 5  |

Doctor Signature & Stamp :

Dr. Humaira Mumtaz  
General Practitioner  
DHA No: 54155530-002  
CITICARE MEDICAL CENTER LLC  
DUBAI - U.A.E.

