

**Patient details**

Date	:	18-Oct-2024 / 5:45PM - 6:00PM		
Doctor	:	Humaira(General)		
Reg # / Patient Name	:	41454 / ZAHID ALI NOOR AHMED		
Mobile #	:	0506966259		
Gender / DOB/Age	:	Male / 17-Aug-1990		
Nationality	:	Pakistani		
Insurance / Card#	:	FMC Standard Network / I019-010-119760969-01		
EMID #	:	784-1990-0646098-6		

Medical Record details**Complaints****Complaints**

co back pain stating from sleep 15th oct 2024

oe chest is clear no added sounds

restless

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36.9 BPS : 76 BPD : Pulse : 64 Height : 174 cm Wei
BMI : 25.43269 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	No
18-Oct-2024	Humaira	R52	Pain, unspecified	
18-Oct-2024	Humaira	M62.830	Muscle spasm of back	

Prescription

Generic/Dose/Form	Instructions	Duration	Qu
VOLTFAST / (DICLOFENAC POTASSIUM : 50 MG) POWDER FOR SOLUTION DICLOFENAC POTASSIUM [50 MG] / POWDER FOR SOLUTION (9S, SACHET) / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10
MYDOCALM / (TOLPERISONE : 150 MG) SUGAR COATED TABLETS TOLPERISONE [150 MG] / SUGAR COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10
VOLTAREN EMULGEL 12 HOURS / (DICLOFENAC DIETHYLAMINE : 23.2 MG / G) GEL DICLOFENAC DIETHYLAMINE [23.2 MG / G] / GEL (100G, TUBE) / Gel	Take 1Gel 1 Time(s) per Day For 1 Day(s) others	1	1

Doctor Signature & Stamp :

Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

