

**Patient details**

Date	:	18-Oct-2024 / 7:30PM - 7:45PM		
Doctor	:	Humaira(General)		
Reg # / Patient Name	:	40788 / JUDITH MOYO		
Mobile #	:	0526600704		
Gender / DOB/Age	:	Female / 24-Mar-1985		
Nationality	:	Zimbabwean		
Insurance / Card#	:	NEXTCARE -OP PCP / 761B- B24B-85CD-667B		
EMID #	:	784-1985-3231698-5		

Medical Record details**Complaints****Complaints**

co dehydrated headache weak loss of energy working in salon 15th oct 2024

oe chest is clear no added sounds

advised rest for 2 days

restless

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36.8 BPS : 74 BPD : Pulse : 62 Height : 170 cm We
BMI : 32.17993 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
18-Oct-2024	Humaira	R51.9	Headache, unspecified	
18-Oct-2024	Humaira	E86.0	Dehydration	

Treatments

Start Time	End Time	CPT Code	Treatment	Teeth No	Surface
00:00:00	00:00:00	9	GP Consultation	NA	NA

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity
CENTRUM SILVER WITH LUTEIN TABLETS / (PANTOTHENIC ACID (VITAMIN B5) : 6 MG) (PHOSPHORUS : 125 MG) (CHOLECALCIFEROL : 400 IU) (RIBOFLAVINE (VITAMIN B2) : 1.6 MG) (BIOTIN : 100 MCG) (FOLIC ACID : 195 MCG) (THIAMINE (VITAMIN B1) : 1.4 MG) (PHYTONADIONE (VITAMIN K1) : 30 MCG) (PYRIDOXINE (VITAMIN B6) : 2 MG) (ASCORBIC ACID (VITAMIN C) : 60 MG) (VITAMIN A : 4000 IU) (VITAMIN E : 14.9 IU) (LUTEIN : 1000 MCG) (MOLYBDENUM : 50 MCG) (IRON (FERROUS FUMARATE) : 10 MG) (NIACINAMIDE : 18 MG) (VITAMIN B12 : 1 MCG) (SELENIUM (AS SODIUM SELENATE) PANTOTHENIC ACID (VITAMIN B5)/PHOSPHORUS/CHOLECALCIFEROL/RIBOFLAVINE (VITAMIN B2)/BIOTIN/FOLIC ACID/THIAMINE (VITAMIN B1)/PHYTONADIONE (VITAMIN K1)/PYRIDOXINE (VITAMIN B6)/ ASCORBIC ACID (VITAMIN C)/VITAMIN A/VITAMIN E/LUTEIN/MOLYBDENUM/IRON (FERROUS FUMARATE)/NIACINAMIDE/ VITAMIN B12/SELENIUM (AS SODIUM SELENATE) / CHROMIUM (AS CHROMIUM CHLORIDE) /POTASSIUM (AS POTASSIUM CHLORIDE) / CALCIUM (AS CALCIUM PHOSPHATE DIBASIC) /MANGANESE (AS MANGANESE SULPHATE) / IODINE (AS POTASSIUM IODIDE)/ZINC (AS ZIN / TABLETS (30S, PLASTIC BOTTLE) / Tablets	Take 1Tablets 1 Time(s) per Day For 30 Day(s) others	30	30
PONSTAN FORTE / (MEFENAMIC ACID : 500 MG) TABLETS MEFENAMIC ACID [500 MG] / TABLETS (50S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10

Doctor Signature & Stamp :

Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

