



Patient details

Date	:	17-Nov-2024 / 8:30AM - 9:00AM
Doctor	:	Enomen Goodluck(General)
Reg # / Patient Name	:	44928 / FAISAL NIAZ
Mobile #	:	0503959852
Gender / DOB/Age	:	Male / 25-Dec- 1993
Nationality	:	Pakistani
Insurance / Card#	:	NGI - HN BASIC PLUS / I038-000- 118996853-01
EMID #	:	784-1993- 8763692-3



Photo
Not
Available

Medical Record details

Complaints

Complaints

PC: Nasal congestion, pain in throat, coarse voice, sneezing and cough.

Duration: 2days (16/11/2024)

BP is noticed to be markedly elevated.

Has a previous history of such BP rise but has not been on medication

Has a strong family history of hypertension as parents died of complications of hypertension; stroke and heart attack respectively.

Patient is counselled on the need for salt reduction, life style modification and diet control.

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36.8 BPS : 100 BPD : Pulse : 86 Height : 184 cm Weight : 80 kg
BMI : 23.62949 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : risk of fall

Diagnosis

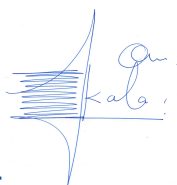
Date	Doctor	ICD Code	Diagnosis	Notes
17-Nov-2024	Enomen Goodluck	R51.9	Headache, unspecified	
17-Nov-2024	Enomen Goodluck	I10	Essential (primary) hypertension	

Date	Doctor	ICD Code	Diagnosis	Notes
17-Nov-2024	Enomen Goodluck	R50.9	Fever, unspecified	
17-Nov-2024	Enomen Goodluck	J01.10	Acute frontal sinusitis, unspecified	
17-Nov-2024	Enomen Goodluck	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
MAXIGESIC / (IBUPROFEN : 150 MG (PARACETAMOL : 500 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (16S, BLISTER / Tablets	Take 2Tablets 2 Time(s) per Day For 4 Day(s) after meal	4	16	
AMYDRAMINE EXPECTORANT / (SODIUM CITRATE : 57 MG/5ML (AMMONIUM CHLORIDE : 131.5 MG/5 ML (MENTHOL : 1.1 MG/5 ML (DIPHENHYDRAMINE : 13.5 MG/5ML SYRUP (SUGAR FREE ORAL / SYRUP (SUGAR FREE (120ML, GLASS BOTTLE / ML	Take 10ML 2 Time(s) per Day For 7 Day(s) after meal	7	1	
OTRIVIN (ADULT) / (XYLOMETAZOLINE HYDROCHLORIDE : 0.1%) NASAL DROPS XYLOMETAZOLINE HYDROCHLORIDE [0.1%] / NASAL DROPS (10ML, BOTTLE) / Drops	Take 2Drops 3 Time(s) per Day For 5 Day(s) others	5	1	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablets 1Time(s) perDay For 10 Day(s) evening	10	10	
FLUTAB / (DIPHENHYDRAMINE : 25 MG (PARACETAMOL : 500 MG (PSEUDOEPHEDRINE : 30 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (20S, BLISTER PACK / Tablets	Take 1Tablets 2 Time(s) per Day For 10 Day(s) after meal	10	20	
OLMEDINE 40MG/5MG / (OLMESARTAN MEDOXOMIL : 40 MG) (AMLODIPINE (AS BESYLATE) : 5 MG) FILM COATED TABLETS OLMESARTAN MEDOXOMIL/AMLODIPINE (AS BESYLATE) [40 MG 5 MG] / FILM COATED TABLETS (28S, BLISTER) / Tablets	Take 1Tablets 1Time(s) perDay For 28 Day(s) morning	28	28	

Doctor Signature & Stamp :



Dr. Enomen Goodluck Ekata
General Practitioner
DHA No: 28040827-001
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

