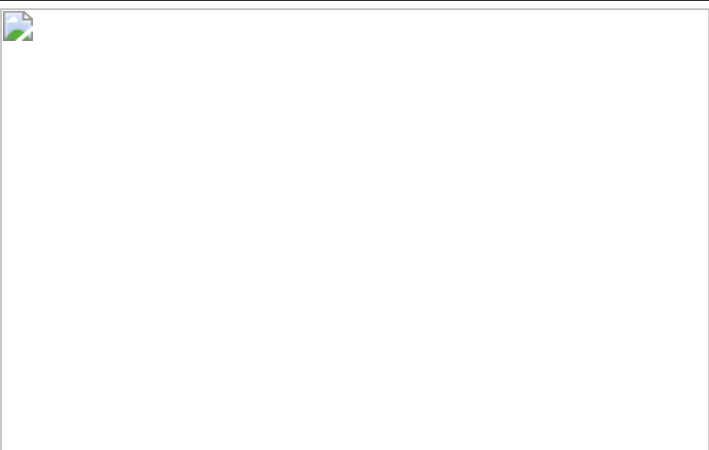




Patient details				
Date	:	18-Dec-2024 / 8:15PM - 8:30PM		Photo Not Available
Doctor	:	Enomen Goodluck(General)		
Reg # / Patient Name	:	45263 / CAROLINA FIDENCIO DE CARVALHO		
Mobile #	:	0506902378		
Gender / DOB/Age	:	Female / 13-Feb-1999		
Nationality	:	Brazilian		
Insurance / Card#	:	FMC Standard Network / I005-010-120799506-01		
EMID #	:	784-1999-7701565-2		

Medical Record details

Complaints

Complaints
PC: Pain on the left breast.
Duration 1 day
there is no history of trauma, no obvious swelling and no discharge nor change in skin colour. no family history of breast pathology.
Uses OCP (Yasmin), which was recently commenced 3 months ago (this is the 3rd cycle)
smokes tobacco, but does not take alcohol.
Not hypertensive and not diabetic.
Exam: Mild asymmetry as the affected (left) breast nipple is upward facing while the right breast nipple is pin point.
All other exam findings are within normal limits.
Ultrasound of the breast is requested

Past / Family / Social History

Past History	:	
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36 **BPS** : 74 **BPD** : **Pulse** : 73 **Height** : 160 cm **Weight** : 68 kg
BMI : 26.5625 bpm **Respiratory** : 18 bpm **SpO2** : 97% **Hip** : cm **Waist** : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK OF FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
18-Dec-2024	Enomen Goodluck	M94.0	Chondrocostal junction syndrome [Tietze]	
18-Dec-2024	Enomen Goodluck	N64.59	Other signs and symptoms in breast	
18-Dec-2024	Enomen Goodluck	N64.4	Mastodynia	Left breast

Treatments

Start Time	End Time	CPT Code	Treatment	Teeth No	Surface	Notes
00:00:00	00:00:00	9	Consultation Gp	NA	NA	

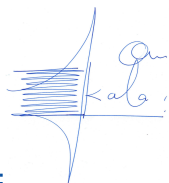
Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
MAXIGESIC / (IBUPROFEN : 150 MG (PARACETAMOL : 500 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (16S, BLISTER / Tablets	Take 2Tablets 2 Time(s) per Day For 3 Day(s) after meal	3	12	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
18-Dec-2024	Ultrasound of the left breast is advised.	Tomorrow to tender ultrasound scan report.	Counselled on the need to quit vaping (smoking), also counselled on the need for weight reduction.	Enomen Goodluck	18-Dec-2024 20:35:28

Doctor Signature & Stamp :



Dr. Enomen Goodluck Ekata
 General Practitioner
 DHA No: 28040827-001
 CITICARE MEDICAL CENTER LLC
 DUBAI - U.A.E.

