



Patient details

Date	:	26-Dec-2024 / 12:15AM - 12:30AM		
Doctor	:	Enomen Goodluck(General)		
Reg # / Patient Name	:	41454 / ZAHID ALI NOOR AHMED		
Mobile #	:	0506966259		
Gender / DOB/Age	:	Male / 17-Aug-1990		
Nationality	:	Pakistani		
Insurance / Card#	:	FMC Standard Network / I019-010-119760969-01		
EMID #	:	784-1990-0646098-6		

Medical Record details

Complaints

Complaints
PC: Pain in throat, cough, runny nose, nasal congestion and fever
Duration: 2days

Vital Signs

Temperature : 37 BPS : 74 BPD : Pulse : 83 Height : 174 cm Weight : 77 kg
BMI : 25.43269 bpm Respiratory : 18 bpm SpO2 : 99% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : risk of fall

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
26-Dec-2024	Enomen Goodluck	J01.90	Acute sinusitis, unspecified	
26-Dec-2024	Enomen Goodluck	J30.9	Allergic rhinitis, unspecified	
26-Dec-2024	Enomen Goodluck	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
OTRIVIN (ADULT) / (XYLOMETAZOLINE HYDROCHLORIDE : 0.1%) NASAL DROPS XYLOMETAZOLINE HYDROCHLORIDE [0.1%] / NASAL DROPS (10ML, BOTTLE) / Drops	Take 2Drops 3 Time(s) per Day For 5 Day(s) after meal	5	1	
GUPISONE 5MG / (PREDNISOLONE : 5 MG TABLETS ORAL / TABLETS (20S, BLISTER PACK / Tablets	Take 2Tablets 1 Time(s) per Day For 7 Day(s) after meal	7	14	
AMYDRAMINE - II / (DIPHENHYDRAMINE : 12.5 MG/5ML) SYRUP (SUGAR FREE) DIPHENHYDRAMINE [12.5 MG/5ML] / SYRUP (SUGAR FREE) (120ML, BOTTLE) / ML	Take 10ML 2 Time(s) per Day For 7 Day(s) after meal	7	1	
IBULIFE 400 / (IBUPROFEN : 400 MG TABLETS ORAL / TABLETS (24S, BLISTER PACK / Tablets	Take 1Tablets 2 Time(s) per Day For 4 Day(s) after meal	4	8	
FLUTAB / (DIPHENHYDRAMINE : 25 MG (PARACETAMOL : 500 MG (PSEUDOEPHEDRINE : 30 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (20S, BLISTER PACK / Tablets	Take 1Tablets 2 Time(s) per Day For 10 Day(s) after meal	10	20	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 10 Day(s) evening	10	10	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
26-Dec-2024	Issue DHA sick leave for 26th and 27th only (2days).			Enomen Goodluck	26-Dec-2024 00:21:26

Doctor Signature & Stamp :


