



Patient details

Date	:	26-Dec-2024 / 11:15AM - 11:30AM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	43131 / OUMAIMA EL JAOUANI
Mobile #	:	0555229093
Gender / DOB/Age	:	Female / 15-May-2001
Nationality	:	Moroccan
Insurance / Card#	:	NGI - HN BASIC PLUS / I038-000-120576996-01
EMID #	:	784-2001-3936908-4



Photo
Not
Available

Medical Record details

Complaints

Complaints

co pallor weak nasal bleed in the morning when she wake up she scratched the nose inner side and bleed comes 24th dec. 2024

oe chest is clear no added sounds

restless

Past / Family / Social History

Past History	:	
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature	:	37.1	BPS	:	72	BPD	:	Pulse	:	72	Height	:	169 cm	Weight	:	57 kg
BMI	:	19.95728 bpm	Respiratory	:	18 bpm	SpO2	:	97%	Hip	:	cm	Waist	:	cm		
Head Circumference	:			:	cm											
Urinalysis (Protein & Glucose)	:			:												
Notes	:	risk of fall														

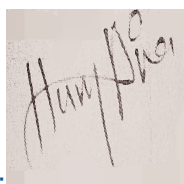
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
26-Dec-2024	Humaira	R23.1	Pallor	
26-Dec-2024	Humaira	D64.9	Anemia, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
CENTRUM WOMEN / (VITAMIN D (AS CHOLECALCIFEROL) : 5 MCG) (CHROMIUM : 25 MCG) (VITAMIN A (AS BETA CAROTENE) : 1200 MCG) (VITAMIN E : 4.5 MG) (BIOTIN : 30 MCG) (VITAMIN C (ASCORBIC ACID) : 45 MG) (RIBOFLAVIN : 1 MG) (MANGANESE : 1.8 MG) (VITAMIN B6 : 1.3 MG) (NIACINAMIDE : 14 MG) (SELENIUM : 20 MCG) (FOLIC ACID : 240 MCG) (MAGNESIUM : 100 MG) (IRON : 10 MG) (VITAMIN B12 : 2.4 MCG) (CALCIUM : 320 MG) (PANTOTHENIC ACID : 5 MG) (THIAMINE : 1 MG) (COPPER : 0.45 MG) (ZINC : 7 MG) (IODINE : 33 MCG) (VITAMIN K1 : 25 MC VITAMIN D (AS CHOLECALCIFEROL)/CHROMIUM/VITAMIN A (AS BETA CAROTENE)/VITAMIN E/BIOTIN/VITAMIN C (ASCORBIC ACID)/RIBOFLAVIN/MANGANESE/VITAMIN B6/NIACINAMIDE/SELENIUM/FOLIC ACID/MAGNESIUM/IRON/VITAMIN B12/CALCIUM/PANTOTHENIC ACID/THIAMINE/COPPER/ZINC/IODINE/VITAMIN K1/MOLYBDENUM [5 MCG 25 MCG 1200 MCG 4.5 MG 30 MCG 45 MG 1 MG 1.8 MG 1.3 MG 14 MG 20 MCG 240 MCG 100 MG 10 MG 2.4 MCG 320 MG 5 MG 1 MG 0.45 MG 7 MG 33 MCG 25 MCG 23 MCG] / TABLETS (60S, BOTTLE) / Tablets	Take 1 Unit(s), 1 Time(s) per Day For 30 Day(s)	30	1	

Doctor Signature & Stamp :



Dr. Humaira Mumtaz
General Practitioner
DHA No: 5415530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

