



Patient details

Date	:	28-Dec-2024 / 6:30PM - 6:45PM
Doctor	:	Enomen Goodluck(General)
Reg # / Patient Name	:	45367 / SHAHZAD AHMED MUHAMMAD MUSHTAQ
Mobile #	:	0561621787
Gender / DOB/Age	:	Male / 04-Sep- 1990
Nationality	:	Pakistani
Insurance / Card#	:	NGI - HN BASIC PLUS / I038-000- 120236408-01
EMID #	:	784-1990- 1493855-1



**Photo
Not
Available**

Medical Record details

Complaints

Complaints

PC: Upper abdominal pain,
excessive abdominal gases and bloating.
There is no melenas, no change in bowel habit and there is no vomiting
there is also no fever
Noticed to have elevated blood pressure but he is not a known hypertensive and he is not diabetic.

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 36 BPS : 112 BPD : Pulse : 86 Height : 165 cm Weight : 68 kg
BMI : 24.97704 bpm Respiratory : 18 bpm SpO2 : 97% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK OF FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
28-Dec-2024	Enomen Goodluck	I10	Essential (primary) hypertension	
28-Dec-2024	Enomen Goodluck	R51.9	Headache, unspecified	

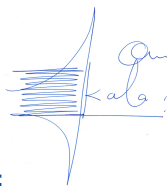
Date	Doctor	ICD Code	Diagnosis	Notes
28-Dec-2024	Enomen Goodluck	K29.70	Gastritis, unspecified, without bleeding	
28-Dec-2024	Enomen Goodluck	K21.9	Gastro-esophageal reflux disease without esophagitis	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
PRIMPERAN / (METOCLOPRAMIDE : 10 MG) TABLETS METOCLOPRAMIDE [10 MG] / TABLETS (20S, BLISTER PACK) / Tablets	Take 1Tablets 2Time(s) perDay For 3 Day(s) after meal	3	6	
NEXIUM / (ESOMEPRAZOLE : 40 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (14S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 14 Day(s) others	14	14	
FLATULEX CAPSULES / (ACTIVATED WOOD CHARCOAL : 250 MG (SIMETHICONE : 80 MG CAPSULES ORAL / CAPSULES (30S, BLISTER / Tablets	Take 1Tablets 4 Time(s) per Day For 6 Day(s) others	6	24	
AMLO 10 / (AMLODIPINE (AS BESYLATE : 10 MG TABLETS ORAL / TABLETS (30S, BLISTER / Tablets	Take 1Tablets 1Time(s) perDay For 30 Day(s) morning	30	30	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
28-Dec-2024	Referred to cardiologist for expert managment of hypertension.	tomorrow for review of report and in 1 week for BP medicine review.	Counselled on the need for smoking cessation, and avoidance of trigger.	Enomen Goodluck	28-Dec-2024 19:05:40



Dr. Enomen Goodluck Ekata
General Practitioner
DHA No: 28040827-001
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.



Doctor Signature & Stamp :