



Patient details

Date	:	02-Jan-2025 / 10:30AM - 10:45AM		
Doctor	:	Humaira(General)		
Reg # / Patient Name	:	41736 / QAISAR ABBAS ZAMIN ALI		
Mobile #	:	971503952330		
Gender / DOB/Age	:	Male / 01-Jan-1983		
Nationality	:	Pakistani		
Insurance / Card#	:	Mednet EBP / 097112840356307901		
EMID #	:	784-1983-3589867-6		

Medical Record details

Complaints

co fever on and off running nose pain in throat dry cough abdominal pain 30th dec. 2024

oe chest is congested no added sounds

restless

Vital Signs

Temperature : 36.5 BPS : 87 BPD : Pulse : 98 Height : 165 cm Weight : 81 kg

BMI : 29.75207 bpm Respiratory : 18 bpm SpO2 : 99% Hip : cm Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK OF FALL

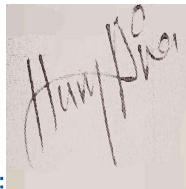
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
02-Jan-2025	Humaira	K56.41	Fecal impaction	
02-Jan-2025	Humaira	K29.00	Acute gastritis without bleeding	
02-Jan-2025	Humaira	R50.9	Fever, unspecified	
02-Jan-2025	Humaira	R05	Cough	
02-Jan-2025	Humaira	J30.9	Allergic rhinitis, unspecified	
02-Jan-2025	Humaira	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
DUPHALAC / (LACTULOSE : 66.7% SYRUP ORAL / SYRUP (300ML, PLASTIC BOTTLE / Syrup	take 30ml at night once	1	1	
ZEAL SF / (TRIKATU : 2.5 MG/5 ML) (ADHATODA VASICA : 20 MG/5ML) (GLYCYRRHIZA GLABRA : 20 MG/5ML) (ZINGIBER OFFICINALE : 5 MG/5ML) (OCIMUM SANCTUM : 20 MG/5ML) (SOLANUM XANTHOCARPUM : 6.25MG/5ML) (MENTHA SYLVESTRIS : 3 MG/5ML) SYRUP TRIKATU/ADHATODA VASICA/GLYCYRRHIZA GLABRA/ZINGIBER OFFICINALE/OCIMUM SANCTUM/SOLANUM XANTHOCARPUM/MENTHA SYLVESTRIS [2.5 MG/5 ML 20 MG/5ML 20 MG/5ML 5 MG/5ML 20 MG/5ML 6.25MG/5ML 3 MG/5ML] / SYRUP (100ML, PLASTIC BOTTLE) / Syrup	Take 10 ml 3 times in a day	1	1	
ZYNEX 20 / (ESOMEPRAZOLE (AS MAGNESIUM : 20 MG CAPSULES (HARD GELATIN ORAL / CAPSULES (HARD GELATIN (14S, BLISTER / Capsule	Take 1Capsule 2 Time(s) per Day For 7 Day(s) others	7	14	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablet at night	5	5	
ADOL EXTRA / (CAFFEINE : 65 MG (PARACETAMOL : 500 MG CAPLETS ORAL / CAPLETS (24S, BOX / Tablets	Take 1Tablets 2 Time(s) per Day For 6 Day(s) others	6	12	
AUGMENTIN 1G / (CLAVULANIC ACID : 125 MG) (AMOXICILLIN : 875 MG) TABLETS CLAVULANIC ACID/AMOXICILLIN [125 MG 875 MG] / TABLETS (14S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) others	7	7	

Doctor Signature & Stamp :



Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155538-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

