Patient details

Date	:	06-Jan-2025 / 12:45PM - 1:00PM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	45453 / NAFINGAH BT NAHROFI NGAWIDI
Mobile #	:	0554722863
Gender / DOB/Age	:	Female / 15-Mar-1980
Nationality	:	Indonesian
Insurance / Card#	:	NAS VN / EKE1-J8E2-C2CJ-ECDE
EMID #	:	784-1980-2068169-2

Medical Record details

Complaints

Complaints

co back pain due to heavy weight lifting 3rd jan. 2025

oe chest is clear no aDDED SOUNDS

restless

Past / Family / Social History

Past History	:	
Other Past History	:	
Family History	:	
Social History - Smoking	:	No
Social History - Alcohol	:	No
Surgical History	:	

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature	: 37.1	**BPS**	: 70	**BPD**	:	**Pulse**	: 70	**Height**	: 146 cm	**Weight**	: 48.7 kg
BMI	: 22.84669 bpm	**Respiratory**	: 18 bpm	**SpO2**	: 99%	**Hip**	: cm	**Waist**	: cm		

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
06-Jan-2025	Humaira	M25.40	Effusion, unspecified joint	
06-Jan-2025	Humaira	R52	Pain, unspecified	
06-Jan-2025	Humaira	M62.830	Muscle spasm of back	

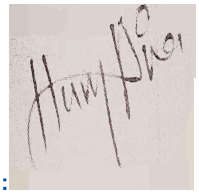
Treatments

Start Time	End Time	CPT Code	Treatment	Teeth No	Surface	Notes
13:08:07	01:12:00	96372	Therapeutic Prophylactic/Dx Injection Subq/Im	NA	NA	
00:00:00	00:00:00	9	Consultation Gp	NA	NA	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
VOLTAREN EMULGEL 12 HOURS / (DICLOFENAC DIETHYLAMINE : 23.2 MG / G) GEL DICLOFENAC DIETHYLAMINE [23.2 MG / G] / GEL (100G, TUBE) / Gel	Take 1Gel 1Time(s) perDay For 1 Day(s) others	1	1	
BRUFEN 600 / (IBUPROFEN : 600 MG) FILM COATED TABLETS IBUPROFEN [600 MG] / FILM COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10	
MYDOCALM / (TOLPERISONE : 150 MG) SUGAR COATED TABLETS TOLPERISONE [150 MG] / SUGAR COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 5 Day(s) others	5	10	

Doctor Signature & Stamp :



Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
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DUBAI - U.A.E.