



Patient details

Date	:	07-Jan-2025 / 7:00PM - 7:15PM		
Doctor	:	Enomen Goodluck(General)		
Reg # / Patient Name	:	45472 / BHISMA UPRETI SHREE PRASAD UPRETI		
Mobile #	:	971588301095		
Gender / DOB/Age	:	Male / 30-Aug-1990		
Nationality	:	Nepalese		
Insurance / Card#	:	NEXTCARE -OP PCP / 25E5-6885-7795-54A0		
EMID #	:	784-1990-5631323-4		

Medical Record details

Complaints

Complaints

PC: Pain in throat, fever, nasal congestion and body pains, \

there is no cough

duration: 3days

smokes tobacco

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 37.6 BPS : 90 BPD : Pulse : 78 Height : 159 cm Weight : 67.5 kg

BMI : 26.69989 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK FOR FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
07-Jan-2025	Enomen Goodluck	R50.9	Fever, unspecified	
07-Jan-2025	Enomen Goodluck	J30.9	Allergic rhinitis, unspecified	
07-Jan-2025	Enomen Goodluck	J20.9	Acute bronchitis, unspecified	
07-Jan-2025	Enomen Goodluck	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
SINECOD / (BUTAMIRATE DIHYDROGEN CITRATE : 0.15% W/V SYRUP ORAL / SYRUP (200ML, BOTTLE / ML	Take 10ML 3 Time(s) per Day For 7 Day(s) after meal	7	1	
LOZATY THROAT LOZENGES-GINGER / (EUCALYPTUS OIL : 3.4 MG) (MENTHOL : 9.3 MG) LOZENGES EUCALYPTUS OIL/MENTHOL [3.4 MG 9.3 MG] / LOZENGES (24S, BLISTER) / Tablets	Take 1Tablets 4 Time(s) per Day For 5 Day(s) after meal	5	20	
IBULIFE 400 / (IBUPROFEN : 400 MG) TABLETS IBUPROFEN [400 MG] / TABLETS (24S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 4 Day(s) after meal	4	8	
GUPISONE 5MG / (PREDNISOLONE : 5 MG TABLETS ORAL / TABLETS (20S, BLISTER PACK) / Tablets	Take 2Tablets 1 Time(s) per Day For 7 Day(s) after meal	7	14	
LORINASE / (LORATADINE : 5 MG (PSEUDOEPHEDRINE SULPHATE : 120 MG TABLETS ORAL / TABLETS (14S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 7 Day(s) after meal	7	14	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
07-Jan-2025	Kindly issue a 2days DHA sick leave certificate	in one week (14/01/2025)	Counselled on the need to cut down smoking	Enomen Goodluck	07-Jan-2025 19:28:46

Doctor Signature & Stamp :



Dr. Enomen Goodluck Ekata
General Practitioner
DHA No: 28040827-001
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

