



Patient details

Date	:	08-Jan-2025 / 9:00PM - 9:15PM
Doctor	:	Enomen Goodluck(General)
Reg # / Patient Name	:	41928 / NAZEEMA PETERSEN
Mobile #	:	0509692137
Gender / DOB/Age	:	Female / 26-Nov- 1993
Nationality	:	South African
Insurance / Card#	:	NAS VN / 4EAI- 9G4C-DCD2-EDEA
EMID #	:	784-1993- 8451734-0



**Photo
Not
Available**

Medical Record details

Complaints**Complaints**

fever, cough, runny nose, throat pain

duration: 2 days

on exam: throat is hyperemic.

known smoker : tobacco 5 to 6 sticks per week

Vital Signs

Temperature : 37.6 BPS : 68 BPD : Pulse : 117 Height : 163 cm Weight : 53.9 kg
 BMI : 20.2868 bpm Respiratory : 18 bpm SpO2 : 96% Hip : cm Waist : cm
 Head Circumference : cm
 Urinalysis (Protein & Glucose) :
 Notes : RISK OF FALL

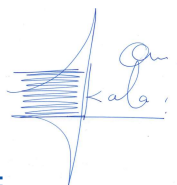
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
08-Jan-2025	Enomen Goodluck	R50.9	Fever, unspecified	
08-Jan-2025	Enomen Goodluck	J20.9	Acute bronchitis, unspecified	
08-Jan-2025	Enomen Goodluck	J30.9	Allergic rhinitis, unspecified	
08-Jan-2025	Enomen Goodluck	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
OTRIVIN (ADULT) / (XYLOMETAZOLINE HYDROCHLORIDE : 0.1%) NASAL DROPS XYLOMETAZOLINE HYDROCHLORIDE [0.1%] / NASAL DROPS (10ML,	Take 1Spray 3 Time(s) per Day For 4 Day(s) others	4	1	

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
BOTTLE) / Spray				
SINECOD / (BUTAMIRATE DIHYDROGEN CITRATE : 0.15% W/V) SYRUP BUTAMIRATE DIHYDROGEN CITRATE [0.15% W/V] / SYRUP (200ML, BOTTLE) / ML	Take 10ML 3 Time(s) per Day For 7 Day(s) after meal	7	1	
MAXIGESIC / (IBUPROFEN : 150 MG (PARACETAMOL : 500 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (16S, BLISTER / Tablets	Take 2Tablets 2 Time(s) per Day For 4 Day(s) after meal	4	16	
GUPISONE 5MG / (PREDNISOLONE : 5 MG TABLETS ORAL / TABLETS (20S, BLISTER PACK / Tablets	Take 2Tablets 1 Time(s) per Day For 7 Day(s) after meal	7	14	
LORINASE / (LORATADINE : 5 MG (PSEUDOEPHEDRINE SULPHATE : 120 MG TABLETS ORAL / TABLETS (14S, BLISTER PACK / Tablets	Take 1Tablets 2 Time(s) per Day For 7 Day(s) after meal	7	14	



Dr. Enomen Goodluck Ekata
General Practitioner
DHA No: 28040827-001
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.



Doctor Signature & Stamp :