



Patient details

Date	:	09-Jan-2025 / 11:45AM - 12:00PM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	32969 / DANIEL NZAU KALOKI
Mobile #	:	0526626319
Gender / DOB/Age	:	Male / 22-Oct-1978
Nationality	:	Kenyan
Insurance / Card#	:	FMC Standard Network / I019-010-115341123-01
EMID #	:	784-1978-9354760-0



Medical Record details

Complaints

Complaints

co fever on and off sneezing running nose productive cough 5th jan. 2025

oe chest is congested no added sounds

restless

Vital Signs

Temperature : 36.9 BPS : 98 BPD : Pulse : 88 Height : 169 cm Weight : 61 kg
 BMI : 21.3578 bpm Respiratory : 26 bpm SpO2 : 97% Hip : cm Waist : cm
 Head Circumference : cm
 Urinalysis (Protein & Glucose) :
 Notes : Risk of Fall

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
09-Jan-2025	Humaira	J00	Acute nasopharyngitis [common cold]	
09-Jan-2025	Humaira	R50.9	Fever, unspecified	
09-Jan-2025	Humaira	I10	Essential (primary) hypertension	
09-Jan-2025	Humaira	J30.9	Allergic rhinitis, unspecified	
09-Jan-2025	Humaira	R05	Cough	

Date	Doctor	ICD Code	Diagnosis	Notes
09-Jan-2025	Humaira	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
VALDIPINE-10/160 / (AMLODIPINE (AS BESYLATE) : 10 MG) (VALSARTAN : 160 MG) TABLETS AMLODIPINE (AS BESYLATE)/VALSARTAN [10 MG 160 MG] / TABLETS (30S, BLISTER) / Syrup	Take 1Syrup 1 Time(s) per Day For 30 Day(s) others	30	30	
AMYDRAMINE - II / (DIPHENHYDRAMINE : 12.5 MG/5ML SYRUP (SUGAR FREE ORAL / SYRUP (SUGAR FREE (120ML, BOTTLE / Syrup	Take 10 ml 3 times in a day	1	1	
ZYNEX 20 / (ESOMEPRAZOLE (AS MAGNESIUM : 20 MG CAPSULES (HARD GELATIN ORAL / CAPSULES (HARD GELATIN (14S, BLISTER / Capsule	Take 1Capsule 2 Time(s) per Day For 7 Day(s) others	7	14	
ADOL EXTRA / (CAFFEINE : 65 MG (PARACETAMOL : 500 MG CAPLETS ORAL / CAPLETS (24S, BOX / Tablets	Take 1Tablets 2 Time(s) per Day For 6 Day(s) others	6	12	
MACROMAX 500 / (AZITHROMYCIN : 500 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (3S, BLISTER / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) others	7	7	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablet at night	5	5	

Doctor Signature & Stamp :


