



Patient details

Date	:	13-Jan-2025 / 10:00AM - 10:15AM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	45521 / MA ROWENA RONIDEL AREVALO
Mobile #	:	0569113732
Gender / DOB/Age	:	Female / 10-Nov- 1984
Nationality	:	Philippine
Insurance / Card#	:	NEXTCARE -OP PCP / 9FF4-FC94- 8360-E3D0
EMID #	:	784-1984- 5003521-1



Medical Record details

Complaints

Complaints

co fever running nose dry cough body pain 11th jan . 2025

h/f influenza positive of her room mate after that she got these tyes of symptoms

oe chest is congested no added sounds

restless

Past / Family / Social History

Past History :

Other Past History :

Family History :

Social History - Smoking : No

Social History - Alcohol : No

Surgical History :

Allergies

Allergy Type	Allergy Severity	Allergies	Allergy For	Physical Examination
		No Known Allergies	Unknown	

Vital Signs

Temperature : 38.9 BPS : 68 BPD : Pulse : 82 Height : 157 cm Weight : 56 kg

BMI : 22.71898 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK FOR FALL

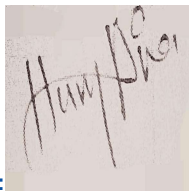
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
13-Jan-2025	Humaira	K29.00	Acute gastritis without bleeding	
13-Jan-2025	Humaira	R05	Cough	
13-Jan-2025	Humaira	R50.9	Fever, unspecified	
13-Jan-2025	Humaira	J30.9	Allergic rhinitis, unspecified	
13-Jan-2025	Humaira	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
AMYDRAMINE - II / (DIPHENHYDRAMINE : 12.5 MG/5ML SYRUP (SUGAR FREE ORAL / SYRUP (SUGAR FREE (120ML, BOTTLE / Syrup	Take 10ML 3 Time(s) per Day For 7 Day(s) others	1	1	
ZYNEX 20 / (ESOMEPRAZOLE (AS MAGNESIUM : 20 MG CAPSULES (HARD GELATIN ORAL / CAPSULES (HARD GELATIN (14S, BLISTER / Capsule	Take 1Capsule 2 Time(s) per Day For 5 Day(s) others	5	10	
ADOL EXTRA / (CAFFEINE : 65 MG (PARACETAMOL : 500 MG CAPLETS ORAL / CAPLETS (24S, BOX / Tablets	Take 1Tablets 2 Time(s) per Day For 6 Day(s) others	6	12	
AUGMENTIN 1G / (CLAVULANIC ACID : 125 MG) (AMOXICILLIN : 875 MG) TABLETS CLAVULANIC ACID/AMOXICILLIN [125 MG 875 MG] / TABLETS (14S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) others	5	5	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablet at night	10	10	

Doctor Signature & Stamp :



Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

