



Patient details

Date	:	15-Jan-2025 / 1:30PM - 1:45PM
Doctor	:	Humaira(General)
Reg # / Patient Name	:	45545 / TALHA NADEEM NADEEM AKHTAR
Mobile #	:	0522970296
Gender / DOB/Age	:	Male / 29-Sep- 1997
Nationality	:	Pakistani
Insurance / Card#	:	NEXTCARE -OP PCP / 7C5C-BE1E- A345-E102
EMID #	:	784-1997- 8103220-8



Medical Record details

Complaints

Complaints

co fever on and off pain in throat dry cough 8th jan. 2025

oe

chest is congested no added sounds

restless

shesha once in a week

Vital Signs

Temperature : 36 BPS : 79 BPD : Pulse : 72 Height : 178 cm Weight : 89.9 kg
BMI : 28.37394 bpm Respiratory : 18 bpm SpO2 : 96% Hip : cm Waist : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : RISK OF FALL

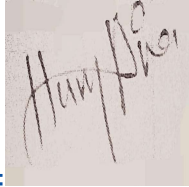
Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
15-Jan-2025	Humaira	K29.00	Acute gastritis without bleeding	
15-Jan-2025	Humaira	T78.40XA	Allergy, unspecified, initial encounter	
15-Jan-2025	Humaira	R50.9	Fever, unspecified	
15-Jan-2025	Humaira	R05	Cough	
15-Jan-2025	Humaira	J06.9	Acute upper respiratory infection, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ZEAL SF / (TRIKATU : 2.5 MG/5 ML) (ADHATODA VASICA : 20 MG/5ML) (GLYCYRRHIZA GLABRA : 20 MG/5ML) (ZINGIBER OFFICINALE : 5 MG/5ML) (OCIMUM SANCTUM : 20 MG/5ML) (SOLANUM XANTHOCARPUM : 6.25MG/5ML) (MENTHA SYLVESTRIS : 3 MG/5ML) SYRUP TRIKATU/ADHATODA VASICA/GLYCYRRHIZA GLABRA/ZINGIBER OFFICINALE/OCIMUM SANCTUM/SOLANUM XANTHOCARPUM/MENTHA SYLVESTRIS [2.5 MG/5 ML 20 MG/5ML 20 MG/5ML 5 MG/5ML 20 MG/5ML 6.25MG/5ML 3 MG/5ML] / SYRUP (100ML, PLASTIC BOTTLE) / Syrup	Take 10ML 3 Time(s) per Day For 7 Day(s) after meal	1	1	
ARTIZ / (CETIRIZINE HCL : 10 MG) FILM COATED TABLETS CETIRIZINE HCL [10 MG] / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablet at night	5	5	

Doctor Signature & Stamp :



Dr. Humaira Mumtaz
General Practitioner
DHA No: 54155530-002
CITICARE MEDICAL CENTER LLC
DUBAI - U.A.E.

