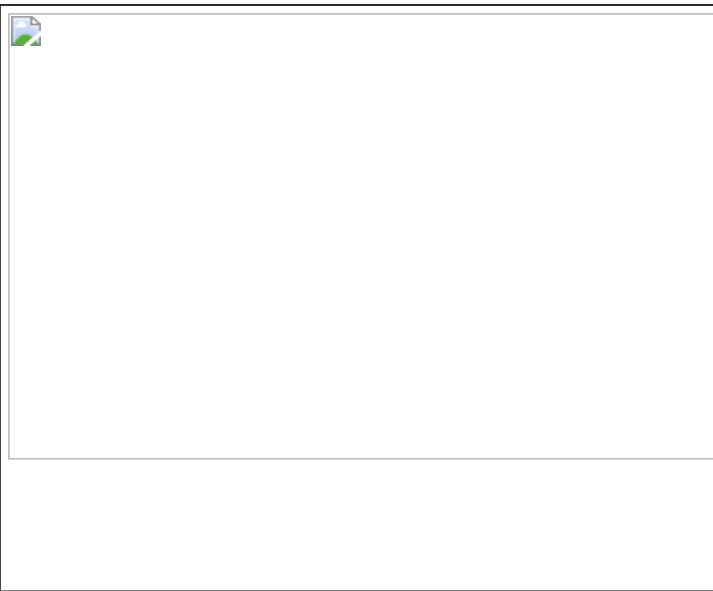




Patient details

Date	:	22-Jan-2025 / 1:00PM - 1:15PM
Doctor	:	SANDIA (Dermatology)
Reg # / Patient Name	:	29949 / MAYA SEWWANDI HETTIARACHCHI
Mobile #	:	567625882
Gender / DOB/Age	:	Female / 01-Jan-1993
Nationality	:	Sri Lankan
Insurance / Card#	:	AXA / 13/XP/52423/0/53/E/0
EMID #	:	784-1993-0257910-9



**Photo
Not
Available**

Medical Record details

Complaints

Complaints

pc : sore throat , bodypain , sneezing , watery eyes for 5 days

chronic frontal sinusitis

no drug allergy

o/e pharyngitis , pharynx hyperemia

chest clear

Vital Signs

Temperature : 36 **BPS** : 80 **BPD** : **Pulse** : 82 **Height** : 160 cm **Weight** : 74 kg
BMI : 28.90625 bpm **Respiratory** : 18 bpm **SpO2** : 99% **Hip** : cm **Waist** : cm
Head Circumference : cm
Urinalysis (Protein & Glucose) :
Notes : risk of fall

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
22-Jan-2025	SANDIA	J45.991	Cough variant asthma	
22-Jan-2025	SANDIA	J01.91	Acute recurrent sinusitis, unspecified	
22-Jan-2025	SANDIA	R50.9	Fever, unspecified	
22-Jan-2025	SANDIA	J02.9	Acute pharyngitis, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ESTER-C IMMUNE SUPPORT / (ASCORBIC ACID (VITAMIN C) : 1000 MG) (CALCIUM : 110MG) (CITRUS BIOFLAVONOIDS COMPLEX : 200 MG) CAPLET-TABLET ASCORBIC ACID (VITAMIN C)/CALCIUM/CITRUS BIOFLAVONOIDS COMPLEX [1000 MG 110MG 200 MG] / CAPLET-TABLET (60S, PLASTIC BOTTLE) / Tablets	Take 1Tablets 1 Time(s) per Day For 30 Day(s) others	30	30	
BIOCIUM / (CALCIUM : 400 MG) (VITAMIN D3 : 200 IU) (MAGNESIUM : 100 MG) (ZINC : 4 MG) TABLETS CALCIUM/VITAMIN D3/MAGNESIUM/ZINC [400 MG 200 IU 100 MG 4 MG] / TABLETS (30S, BOX) / Tablets	Take 1 Unit(s), 1 Time(s) per Day For 30 Day(s)	30	1	
MYDOCALM / (TOLPERISONE : 150 MG) SUGAR COATED TABLETS TOLPERISONE [150 MG] / SUGAR COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 4 Day(s) others	4	4	
SYMBICORT RAPIHALER 160/4.5 MCG / (BUDESONIDE : 160 MCG (FORMOTEROL FUMARATE : 4.5 MCG SUSPENSION FOR INHALATION ORAL INHALATION / SUSPENSION FOR INHALATION (120 ACTUATIONS, CANISTER / Puff	Take 1Puff 1Time(s) perDay For 14 Day(s) others	14	1	
LUKAST 10MG / (MONTELUKAST (AS SODIUM : 10 MG TABLETS ORAL / TABLETS (30S, BLISTER / Tablets	Take 1Tablets 1 Time(s) per Day For 15 Day(s) evening	15	15	
ZECUF HERBAL COUGH LOZENGES SUGAR FREE / (LEVOMENTHOL : 7 MG) (EMBLICA OFFICINALIS : 10 MG) (GLYCYRRHIZA GLABRA : 15 MG) (ZINGIBER OFFICINALE : 10 MG) LOZENGES LEVOMENTHOL/EMBLICA OFFICINALIS/GLYCYRRHIZA GLABRA/ZINGIBER OFFICINALE [7 MG 10 MG 15 MG 10 MG] / LOZENGES (24S, BLISTER) / Spray	Take 1Spray 3 Time(s) per Day For 3 Day(s) others	3	9	
ZAKON / (CEFPODOXIME (AS PROXETIL : 200 MG TABLETS ORAL / TABLETS (10S, BLISTER PACK / Tablets	Take 1Tablets 1 Time(s) per Day For 5 Day(s) after meal	5	5	
ADOL EXTRA / (CAFFEINE : 65 MG) (PARACETAMOL : 500 MG) CAPLETS CAFFEINE/PARACETAMOL [65 MG 500 MG] / CAPLETS (24S, BOX) / Tablets	Take 1Tablets 3 Time(s) per Day For 3 Day(s) evening	3	9	

Progress Notes

Date	Notes	Visit Plan	Other Instructions	Made By	Date Recorded
22-Jan-2025	she is suffering from acute pharyngitis taking treatment her general health is not good currently it is advised to take rest for 2 days			Nidhish	22-Jan-2025 13:28:33

Doctor Signature & Stamp :



Dr. Sandia Bhojwani
General Practitioner
DHA No: 65900212-001
PESHAWAR MEDICAL CENTER LLC
DUBAI - U.A.E.

