



Patient details

Date	:	22-Jan-2025 / 2:30PM - 2:45PM
Doctor	:	DR Amaizah(General)
Reg # / Patient Name	:	45562 / ABDUL MAJEED MUHAMMAD RASHEED
Mobile #	:	0501247753
Gender / DOB/Age	:	Male / 01-Apr- 1990
Nationality	:	Pakistani
Insurance / Card#	:	NEXTCARE -OP PCP / 6054-EE39- B748-7B2C
EMID #	:	784-1990- 3802494-1



Medical Record details

Complaints**Complaints**

PC : COUGH WHICH IS DRY ASOCIATED WITH CHEST PAIN , BREATHING PROBLEM(DIFFICULT BREATHING)

FEVER 2 DAYS

NO OTHE MED CONDITIONS

NO DRUG ALLERGY

O/E

HYPEREMIA OF PHARYNX

CHEST CONGESTED

LAB RESULTS : CRP MARKEDLY ELEVATED

Vital Signs

Temperature	: 37.6	BPS	: 74	BPD	:	Pulse	: 96	Height	: 164 cm	Weight	: 75 kg
BMI	: 27.88519 bpm	Respiratory	: 18 bpm	SpO2	: 99%	Hip	: cm	Waist	: cm		
Head Circumference	:		cm								
Urinalysis (Protein & Glucose)	:										
Notes	: risk of fall										

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
22-Jan-2025	DR Amaizah	R50.9	Fever, unspecified	
22-Jan-2025	DR Amaizah	J20.9	Acute bronchitis, unspecified	
22-Jan-2025	DR Amaizah	J45.991	Cough variant asthma	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ZAKON / (CEFPODOXIME (AS PROXETIL : 200 MG TABLETS ORAL / TABLETS (15S, BLISTER PACK / Tablets	Take 1Tablets 1 Time(s) per Day For 3 Day(s) others	3	3	
ZECUF HERBAL COUGH REMEDY SUGAR FREE / (ZINGIBER OFFICINALE EXTRACT : 10 MG/10ML) (PIPER CUBEBA EXTRACT : 10 MG/10ML) (INULA RACEMOSA : 20 MG/10ML) (CURCUMA LONGA : 50MG/10ML) (TERMINALIA BELERICA : 20 MG/10ML) (SOLANUM INDICUM : 20 MG/10ML) (GLYCYRRHIZA GLABRA : 60 MG/10ML) (ADHATODA VASICA : 60 MG/10ML) (ALOE BARBADENSIS : 50MG/10ML) (OCIMUM SANCTUM : 100 MG/10ML) (MENTHOL : 6 MG/10ML) SYRUP (SUGAR FREE) ZINGIBER OFFICINALE EXTRACT/PIPER CUBEBA EXTRACT/INULA RACEMOSA/CURCUMA LONGA/TERMINALIA BELERICA/SOLANUM INDICUM/GLYCYRRHIZA GLABRA/ADHATODA VASICA/ALOE BARBADENSIS/OCIMUM SANCTUM/MENTHOL [10 MG/10ML 10 MG/10ML 20 MG/10ML 50MG/10ML 20 MG/10ML 20 MG/10ML 60 MG/10ML 60 MG/10ML 50MG/10ML 100 MG/10ML 6 MG/10ML] / SYRUP (SUGAR FREE) (100ML, PLASTIC BOTTLE) / Tablets	Take 1Tablets 3 Time(s) per Day For 10 Day(s) others	10	30	
FETAB FORTE TABLETS / (ELEMENTAL IRON (FERROUS BISGLYCINATE) : 24 MG) (VITAMIN B12 (CYANOCOBALAMIN) : 2.6 MCG) (FOLIC ACID (VITAMIN B9) : 500 MCG) TABLETS ELEMENTAL IRON (FERROUS BISGLYCINATE)/VITAMIN B12 (CYANOCOBALAMIN)/FOLIC ACID (VITAMIN B9) [24 MG 2.6 MCG 500 MCG] / TABLETS (30S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 30 Day(s) others	30	30	
SYMBICORT RAPIHALER 160/4.5 MCG / (BUDESONIDE : 160 MCG (FORMOTEROL FUMARATE : 4.5 MCG SUSPENSION FOR INHALATION ORAL INHALATION / SUSPENSION FOR INHALATION (120 ACTUATIONS, CANISTER) / Tablets	Take 1Tablets 2 Time(s) per Day For 30 Day(s) others	30	60	



Dr. Amaizah Ishtiaq
General Practitioner
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CITICARE MEDICAL CENTER
DUBAI - U.A.E



Doctor Signature & Stamp :