



## Patient details

|                            |   |                                                         |
|----------------------------|---|---------------------------------------------------------|
| Date                       | : | 22-Jan-2025 /<br>10:45PM -<br>11:00PM                   |
| Doctor                     | : | Humaira(General)                                        |
| Reg # /<br>Patient<br>Name | : | 38363 / SADAF<br>NADEEM<br>NADEEM YOUSAF                |
| Mobile #                   | : | 0508946099                                              |
| Gender /<br>DOB/Age        | : | Female / 20-Feb-<br>1985                                |
| Nationality                | : | Pakistani                                               |
| Insurance<br>/ Card#       | : | FMC Standard<br>Network / I017-<br>010-121098524-<br>01 |
| EMID #                     | : | 784-1985-<br>4874694-4                                  |



**Photo  
Not  
Available**

## Medical Record details

**Complaints****Complaints**

co increase in blood pressure from 11th jan. 2025

h/f htn but not taking any medicine

oe chest is clear no added sounds

restless

taking tablet yasmin

**Vital Signs**

Temperature : 37.1      BPS : 96      BPD :      Pulse : 100      Height : 161 cm      Weight : 89 kg

BMI : 34.33509 bpm      Respiratory : 18 bpm      SpO2 : 98%      Hip : cm      Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK FOR FALL

**Diagnosis**

| Date        | Doctor  | ICD Code | Diagnosis                        | Notes |
|-------------|---------|----------|----------------------------------|-------|
| 22-Jan-2025 | Humaira | I10      | Essential (primary) hypertension |       |

**Treatments**

| Start Time | End Time | CPT Code | Treatment       | Teeth No | Surface | Notes |
|------------|----------|----------|-----------------|----------|---------|-------|
| 00:00:00   | 00:00:00 | 9        | Consultation Gp | NA       | NA      |       |

**Prescription**

| Generic/Dose/Form                                                                              | Instructions                                           | Duration | Quantity | Refill |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------|----------|----------|--------|
| JULPHAR / (TELMISARTAN : 20 MG) TABLETS TELMISARTAN [20 MG] / TABLETS (30S, BLISTER) / Tablets | Take 1Tablets 1Time(s) perDay For 30 Day(s) Select Any | 30       | 30       |        |

Doctor Signature & Stamp :

