



Patient details

Date	:	27-Jan-2025 / 5:45PM - 6:00PM
Doctor	:	DR Amaizah(General)
Reg # / Patient Name	:	43886 / UTTARAM GURUNG KANCHHA GURUNG
Mobile #	:	0523760980
Gender / DOB/Age	:	Male / 16-Nov-2000
Nationality	:	Nepalese
Insurance / Card#	:	NGI - HN BASIC PLUS / 1038-000-121036439-01
EMID #	:	784-2000-1422996-5



**Photo
Not
Available**

Medical Record details

Complaints

Complaints

pc : pain started from metaphalangeal joint and migrated to wrist joint of rt hand for 5 days

fever on and off

o/e redness and swelling of metacarpophalngeal joints m4 th and 5th

Vital Signs

Temperature	: 36	BPS	: 60	BPD	:	Pulse	: 84	Height	: 157 cm	Weight	: 58 kg
BMI	: 23.53037 bpm	Respiratory	: 18 bpm	SpO2	: 97%	Hip	: cm	Waist	: cm		
Head Circumference	:		cm								
Urinalysis (Protein & Glucose)	:										
Notes	: risk of fall										

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
27-Jan-2025	DR Amaizah	M05.831	Oth rheumatoid arthritis w rheumatoid factor of right wrist	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
CURAM / (AMOXICILLIN : 500 MG (CLAVULANIC ACID : 125 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (20S, FOIL STRIP / Tablets	Take 1Tablets 2Time(s) perDay For 3 Day(s) after meal	3	6	
ESOWIN 20 MG / (ESOMEPRAZOLE (AS MAGNESIUM) : 20 MG) GASTRO-RESISTANT TABLETS ESOMEPRAZOLE (AS MAGNESIUM) [20 MG] / GASTRO-RESISTANT TABLETS (14S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) morning empty stomach	7	7	

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
VOLTAREN EMULGEL 12 HOURS / (DICLOFENAC DIETHYLAMINE : 23.2 MG / G) GEL DICLOFENAC DIETHYLAMINE [23.2 MG / G] / GEL (50G, TUBE) / Cream	Take 1Cream 2 Time(s) per Day For 3 Day(s) others	3	1	
CELEBREX 200MG / (CELECOXIB : 200 MG) CAPSULES CELECOXIB [200 MG] / CAPSULES (30S, BLISTER PACK) / Tablets	Take 1Tablets 2 Time(s) per Day For 7 Day(s) others	7	14	
GUPISONE 20MG / (PREDNISOLONE : 20 MG) TABLETS PREDNISOLONE [20 MG] / TABLETS (20S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 3 Day(s) others	3	3	

Doctor Signature & Stamp :



Dr. Amaizah Ishtiaq
General Practitioner
DHA: 98486553-001
CITICARE MEDICAL CENTER
DUBAI - U.A.E

