



## Patient details

|                             |   |                                               |  |  |
|-----------------------------|---|-----------------------------------------------|--|--|
| <b>Date</b>                 | : | 28-Jan-2025 / 8:45PM - 9:00PM                 |  |  |
| <b>Doctor</b>               | : | DR Amaizah(General)                           |  |  |
| <b>Reg # / Patient Name</b> | : | 45652 / ALSE B                                |  |  |
| <b>Mobile #</b>             | : | 0562926974                                    |  |  |
| <b>Gender / DOB/Age</b>     | : | Female / 17-May-1986                          |  |  |
| <b>Nationality</b>          | : | Nepalese                                      |  |  |
| <b>Insurance / Card#</b>    | : | E CARE - Blue Network / I040-029-121984785-01 |  |  |
| <b>EMID #</b>               | : | 784-1986-1813079-7                            |  |  |

## Medical Record details

## Complaints

## Complaints

pc : nasal congestion ,dry cough , throat irritation

## Vital Signs

**Temperature** : 36      **BPS** : 88      **BPD** :      **Pulse** : 80      **Height** : 148 cm      **Weight** : 69 kg  
**BMI** : 31.50109 bpm      **Respiratory** : 18 bpm      **SpO2** : 97%      **Hip** : cm      **Waist** : cm  
**Head Circumference** : cm  
**Urinalysis (Protein & Glucose)** :  
**Notes** : risk of fall

## Diagnosis

| Date        | Doctor     | ICD Code | Diagnosis                                      | Notes |
|-------------|------------|----------|------------------------------------------------|-------|
| 28-Jan-2025 | DR Amaizah | R05      | Cough                                          |       |
| 28-Jan-2025 | DR Amaizah | J06.9    | Acute upper respiratory infection, unspecified |       |

## Prescription

| Generic/Dose/Form                                                                                                                                                                                                                                                                                      | Instructions                                        | Duration | Quantity | Refill |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|----------|----------|--------|
| ZECUF HERBAL COUGH LOZENGES SUGAR FREE / (LEVOMENTHOL : 7 MG) (EMBLICA OFFICINALIS : 10 MG) (GLYCYRRHIZA GLABRA : 15 MG) (ZINGIBER OFFICINALE : 10 MG) LOZENGES<br>LEVOMENTHOL/EMBLICA OFFICINALIS/GLYCYRRHIZA GLABRA/ZINGIBER OFFICINALE [7 MG 10 MG 15 MG 10 MG] / LOZENGES (24S, BLISTER) / Tablets | Take 1Tablets 3 Time(s) per Day For 4 Day(s) others | 4        | 12       |        |
| CURAM / (AMOXICILLIN : 500 MG (CLAVULANIC ACID : 125 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (20S, FOIL STRIP / Tablets                                                                                                                                                                      | Take 1Tablets 2 Time(s) per Day For 5 Day(s) others | 5        | 10       |        |
| MUCOPLEXIL 0.33MG/ML / (OXOMEMAZINE : 0.33 MG/ML) SYRUP OXOMEMAZINE [0.33 MG/ML] / SYRUP (150ML, PLASTIC BOTTLE) /                                                                                                                                                                                     | Take 1Syrup 1 Time(s) per Day                       | 7        | 7        |        |

| Generic/Dose/Form | Instructions           | Duration | Quantity | Refill |
|-------------------|------------------------|----------|----------|--------|
| Syrup             | For 7 Day(s)<br>others |          |          |        |

Doctor Signature & Stamp :



Dr. Amaizah Ishtiaq  
General Practitioner  
DHA: 98486553-001  
CITICARE MEDICAL CENTER  
DUBAI - U.A.E

