



Patient details

Date	:	29-Jan-2025 / 5:15PM - 5:30AM
Doctor	:	DR Amaizah(General)
Reg # / Patient Name	:	45686 / JOAO FILIPE ESTEVES CABUGUEIRA
Mobile #	:	971556204278
Gender / DOB/Age	:	Male / 20-Oct- 1991
Nationality	:	Portuguese
Insurance / Card#	:	NAS - SRN WN / NM15-3TLM- VMVT-PVAE
EMID #	:	784-1991- 5089310-7



Medical Record details

Complaints

Complaints

pc : sore throat , sneezing , bodypain , fever for 4 days

loose stool for 1 day

smokes tobaco

not lergic to any drug

bp elevated

o/e hyperemic throat

chest congested

Vital Signs

Temperature : 36.7 BPS : 84 BPD : Pulse : 86 Height : 184 cm Weight : 80 kg

BMI : 23.62949 bpm Respiratory : 18 bpm SpO2 : 97% Hip : cm Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : risk of fall

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
29-Jan-2025	DR Amaizah	R50.9	Fever, unspecified	

Date	Doctor	ICD Code	Diagnosis	Notes
29-Jan-2025	DR Amaizah	R05	Cough	
29-Jan-2025	DR Amaizah	J20.9	Acute bronchitis, unspecified	
29-Jan-2025	DR Amaizah	J02.9	Acute pharyngitis, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ESOWIN 40 MG / (ESOMEPRAZOLE (AS MAGNESIUM) : 40 MG) GASTRO-RESISTANT TABLETS ESOMEPRAZOLE (AS MAGNESIUM) [40 MG] / GASTRO-RESISTANT TABLETS (14S, BLISTER) / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) morning empty stomach	7	7	
ZECUF HERBAL COUGH LOZENGES SUGAR FREE / (LEVOMENTHOL : 7 MG) (EMBLICA OFFICINALIS : 10 MG) (GLYCYRRHIZA GLABRA : 15 MG) (ZINGIBER OFFICINALE : 10 MG) LOZENGES LEVOMENTHOL/EMBLICA OFFICINALIS/GLYCYRRHIZA GLABRA/ZINGIBER OFFICINALE [7 MG 10 MG 15 MG 10 MG] / LOZENGES (24S, BLISTER) / sachet	Take 1sachet 2 Time(s) per Day For 5 Day(s) others	5	10	
PANADOL ADVANCE / (PARACETAMOL : 500 MG) FILM COATED TABLETS PARACETAMOL [500 MG] / FILM COATED TABLETS (48S, BLISTER PACK) / sachet	Take 1sachet 3 Time(s) per Day For 3 Day(s) after meal	3	9	
ADOL COLD HOT THERAPY / (DEXTROMETHORPHAN : 30 MG) (PARACETAMOL : 650 MG) (PSEUDOEPHEDRINE : 60 MG) GRANULES FOR RECONSTITUTION DEXTROMETHORPHAN/PARACETAMOL/PSEUDOEPHEDRINE [30 MG 650 MG 60 MG] / GRANULES FOR RECONSTITUTION (20G X 6, SACHET) / sachet	Take 1sachet 2 Time(s) per Day For 3 Day(s) after meal	3	6	
ZAKON / (CEFPODOXIME (AS PROXETIL : 200 MG TABLETS ORAL / TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablets 1Time(s) perDay For 7 Day(s) after meal	7	7	
ARTIZ / (CETIRIZINE HCL : 10 MG FILM COATED TABLETS ORAL / FILM COATED TABLETS (10S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 7 Day(s) evening	7	7	

Doctor Signature & Stamp :

