



Patient details

Date	:	30-Jan-2025 / 6:45PM - 7:00PM		
Doctor	:	DR Amaizah(General)		
Reg # / Patient Name	:	38952 / DINUK MADUSANKA HEWA AMARAPPULIGE		
Mobile #	:	0529520697		
Gender / DOB/Age	:	Male / 15-Mar-1980		
Nationality	:	Sri Lankan		
Insurance / Card#	:	NAS - EN CN GN / A2AK-AKE2-C2CK-8CDE		
EMID #	:	784-1980-9208427-0		

Medical Record details

Complaints

Complaints

For medication refill.

Known hypercholesterolemia.

Recent report shows prediabetics.

Nil fresh compOlaint today.

Vital Signs

Temperature : 36 BPS : 82 BPD : Pulse : 80 Height : 155 cm Weight : 83 kg

BMI : 34.54735 bpm Respiratory : 18 bpm SpO2 : 98% Hip : cm Waist : cm

Head Circumference : cm

Urinalysis (Protein & Glucose) :

Notes : RISK OF FALL

Diagnosis

Date	Doctor	ICD Code	Diagnosis	Notes
30-Jan-2025	DR Amaizah	I10	Essential (primary) hypertension	
30-Jan-2025	DR Amaizah	E78.5	Hyperlipidemia, unspecified	

Prescription

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
ATEROZ 10MG / (ATORVASTATIN (AS CALCIUM) : 10 MG) FILM COATED TABLETS ATORVASTATIN (AS CALCIUM) [10 MG] / FILM COATED TABLETS (30S, BLISTER PACK) / Tablets	Take 1Tablets 1 Time(s) per Day For 60 Day(s) others	60	60	
BIOCIUM / (CALCIUM : 400 MG) (VITAMIN D3 : 200 IU) (MAGNESIUM : 100 MG) (ZINC : 4 MG) TABLETS CALCIUM/VITAMIN D3/MAGNESIUM/ZINC [400 MG 200 IU 100 MG 4 MG] / TABLETS (30S, BOX) / Tablets	Take 1Tablets 1 Time(s) per Day For 30 Day(s) others	30	30	

Generic/Dose/Form	Instructions	Duration	Quantity	Refill
VANGUARD CCB 5/80 MG / (AMLODIPINE (AS BESYLATE : 5 MG (VALSARTAN : 80 MG TABLETS ORAL / TABLETS (28S, BLISTER / Tablets	Take 1Tablets 1 Time(s) per Day For 60 Day(s) others	60	60	

Doctor Signature & Stamp :



Dr. Amaizah Ishtiaq
General Practitioner
DHA: 98486553-001
CITICARE MEDICAL CENTER
DUBAI - U.A.E

