

Name : Abdul Rasheed

Br. 1

Sample Date

: 30/08/2022 16:56 PM

Lab. No.

: 702256

Report Date

: 30/08/2022 22:42 PM

Contract.

. / 02250

: Next Care Insurance - Sharjah

Branch 20% Co-Pay

Patient No.

: 30-78358

File No.

Branch : Al

: Al Borg Lab. Sharjah

: 37627

Age: 58 Year

DOB 24/07/1964

Sex

: Male

Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Cholesterol	247	Н	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Triglycerides (TG) in Serum	155		mg/dL	Normal<200
HDL Cholesterol	58	L	mg/dL	No risk >60 In risk <50
LDL Cholesterol	158	Н	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189
Non-HDL Cholesterol	189	Н	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Asmaa Abdelaal Laboratory Director Specialist Clinical

Pathology

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Page 1 Of 1

PM :Printed Date 13:31 28/09/2022

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