

Report Date

Name : Muneer Munnadth Paramba

Sample Date : 17/09/2022 10:28 AM

Sex

: 17/09/2022 11:18 AM

: Male

Lab. No. : 7022111

Contract. : Next Care Insurance - Sharjah

Branch

Patient No. : 70-24
File No. : 27702

Branch : Al Borg Lab. Sharjah Age : 48 Year DOB 24/01/1974

Br. 1

Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Cholesterol	254	Н	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Triglycerides (TG) in Serum	256	Н	mg/dL	Normal<200
HDL Cholesterol	38	L	mg/dL	No risk >60 In risk <50
LDL Cholesterol	165	Н	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189
Non-HDL Cholesterol	216	Н	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Asmaa Abdelaal Laboratory Director Specialist Clinical

Pathology

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