



Contract. : Peshawer medical L.L.C

Patient No. : 30-83131 File No. : 37798

Branch : Al Borg Lab. Dubai Age : 33 Year DOB 23/09/1989 Sex : Male

Deirah

Cholesterol/HDL/LDL/Triglycerides

| Test | Result | | Unit | Ref. Range |
|---|--------|---|-------|---|
| Cholesterol | 190 | | mg/dl | No risk <200 Moderate risk 200 - 240 High risk >240 |
| Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay in the presence pf peroxidase. | | | | |
| Triglycerides (TG) in Serum | 219 | Н | mg/dL | Normal<200 |
| Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay | | | | |
| HDL Cholesterol | 39 | L | mg/dL | Optimum level ≥ 60 Borderline risk: 40-59 High risk: <40 |
| Comments Primary sample: Serum Methodology: HOmogeneous Enzymatic colorimetric assay. | | | | |
| LDL Cholesterol | 107 | Н | mg/dl | Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189 |

Comments

Sample type: Serum Methodology: Calculation

*This is non-accredited test.

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Name : Akmal Hussain Sample Date : 03/11/2022 14:14 PM Lab. No. : 3022118573 Report Date : 03/11/2022 15:14 PM

Contract. : Peshawer medical L.L.C

Patient No. : 30-83131 File No. : 37798

Branch : Al Borg Lab. Dubai Age : 33 Year DOB 23/09/1989 Sex : Male

Deirah

Cholesterol/HDL/LDL/Triglycerides

| Test | Result | Unit | Ref. Range |
|---------------------|--------|-------|--|
| Non-HDL Cholesterol | 151 | mg/dL | very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100 |

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD Laboratory Director Physician Specialist Clinical Pathology

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Name : Akmal Hussain **Sample Date** : 03/11/2022 14:14 PM Lab. No. : 3022118573 **Report Date** : 03/11/2022 15:01 PM

Contract. : Peshawer medical L.L.C

Patient No. : 30-83131 File No. : 37798

: Al Borg Lab. Dubai Branch Age: 33 Year DOB 23/09/1989 Sex : Male

Deirah

Glycated Haemoglobin (HbA1c)

| Test | Result | Unit | Ref. Range |
|--|--------|-------|--|
| Hb A1c % {According to (DCCT/ NGSP)} | 5.7 | % | (NGSP Standardized) Normal: 4 - 5.6 Prediabetic: 5.7 - 6.4 Diabetes: ≥ 6.5 Controlled Diabetes: <7 |
| Mean of blood glucose (in the last 3 months) | 117 | mg/dl | |

Comments

Primary sample: Whole blood

Methodology: Turbidimetric inhibition immunoassay(TINIA)

*This is non-accredited test.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical**

Pathology

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Name : Akmal Hussain **Sample Date** : 03/11/2022 14:14 PM : 3022118573 : 03/11/2022 14:54 PM Lab. No. **Report Date**

: Peshawer medical L.L.C Contract.

Patient No. : 30-83131 : 37798 File No.

: Al Borg Lab. Dubai **Branch** Age: 33 Year DOB 23/09/1989 Sex : Male

Deirah

Chemistry Unit

Test Result Unit Ref. Range 70 - 100 Glucose in Plasma (Fasting) 102 mg/dl

> Normal: 70 - 100 Pre-Diabetes: 100 -125 Diabetes: ≥ 126

Comments

Primary sample: Plasma

Methodology :Enzymatic reference method with hexokinase

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Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical** Pathology

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