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Name : Donna Madriaga Cruz **Sample Date** : 20/11/2022 12:32 PM Lab. No. : 3022120030

Report Date : 20/11/2022 12:53 PM

: Peshawer medical L.L.C

**Doctor references: Dr. Marvis Enyl** 

Patient No. : 30-84172

File No. : 29808

Contract.

: Al Borg Lab. Dubai Branch : Femal Age: 39 Year DOB 11/05/1983 Sex

Deirah е

## Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Cholesterol	205	Н	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay in the presence pf peroxidase				
Triglycerides (TG) in Serum	145		mg/dL	Normal<200
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay				
HDL Cholesterol	41	L	mg/dL	Optimum level ≥ 60 Borderline risk: 50-59 High risk: <50 mg/dl
Comments Primary sample: Serum Methodology: HOmogeneous Enzymatic colorimetric assay.				
LDL Cholesterol	135	Н	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189

# Comments

Sample type: Serum Methodology: Calculation

\*This is non-accredited test.

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## Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Non-HDL Cholesterol	164	Н	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

### **Comments**

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical Pathology** 

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### **Chemistry Unit**

Test	Result	Unit	Ref. Range	
Alanine Aminotransferase (ALT)	8	U/L	5 - 31	

#### Comments

Primary type: Serum

Methodology: Enzymatic colorimetric assay according to IFCC without pyrodoxal-5-phosphate.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical** 

Pathology

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