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Name : Mazen Abdulkhaliq Sample Date : 28/11/2022 13:05 PM Lab. No. : 3022120780 Report Date : 28/11/2022 13:55 PM

Contract. : Peshawer medical L.L.C

Patient No. : 30-84669 File No. : 38645

Branch : Al Borg Lab. Dubai Age : 66 Year DOB 20/06/1956 Sex : Male

Deirah

# Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Cholesterol	278	Н	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay in the presence pf peroxidase.				
Triglycerides (TG) in Serum	101		mg/dL	Normal<200
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay				
HDL Cholesterol	48	L	mg/dL	Optimum level ≥ 60 Borderline risk: 40-59 High risk: <40
Comments Primary sample: Serum Methodology: HOmogeneous Enzymatic colorimetric assay.				
LDL Cholesterol	210	Н	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189

### **Comments**

Sample type: Serum Methodology: Calculation

\*This is non-accredited test.

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# Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Non-HDL Cholesterol	230	Н	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high

#### **Comments**

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical Pathology** 

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\*\* End Of Report \*\*

Verified By: Shailendra Rathod.MD

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