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Contract. : Peshawer medical L.L.C

Patient No. : 30-84934 File No. : 38703

Branch : Al Borg Lab. Dubai Age : 49 Year DOB 16/05/1973 Sex : Male

Deirah

# Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Cholesterol	235	Н	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
<b>Comments</b> Primary sample: Serum Methodology: Enzymatic colorimetric assay in the presence pf peroxidase.				
Triglycerides (TG) in Serum	111		mg/dL	Normal<200
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay				
HDL Cholesterol	37	L	mg/dL	Optimum level ≥ 60 Borderline risk: 40-59 High risk: <40
Comments Primary sample: Serum Methodology: HOmogeneous Enzymatic colorimetric assay.				
LDL Cholesterol	177	Н	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189

## Comments

Sample type: Serum Methodology: Calculation

\*This is non-accredited test.

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Name : Roy Varghase : 02/12/2022 19:41 PM
Lab. No. : 3022121124 : Report Date : 02/12/2022 19:52 PM

Contract. : Peshawer medical L.L.C

Patient No. : 30-84934 File No. : 38703

Branch : Al Borg Lab. Dubai Age : 49 Year DOB 16/05/1973 Sex : Male

Deirah

# Cholesterol/HDL/LDL/Triglycerides

Test	Result		Unit	Ref. Range
Non-HDL Cholesterol	198	Н	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high

## **Comments**

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD Laboratory Director Physician Specialist Clinical Pathology

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Verified By: Shailendra Rathod.MD

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Name : Roy Varghase
Lab. No. : 3022121124

Contract. : Peshawer medical L.L.C

Patient No. : 30-84934

File No. : 38703

Branch : Al Borg Lab. Dubai Deirah

Age: 49 Year

DOB 16/05/1973

**Sample Date** 

**Report Date** 

Sex

: Male

: 02/12/2022 19:41 PM

: 02/12/2022 19:46 PM

**Chemistry Unit** 

Test Result Unit Ref. Range

Glucose in Plasma (Fasting) 99 mg/dl <sup>70 - 100</sup>

Normal: 70 - 100 Pre-Diabetes: 100 -125 Diabetes: ≥ 126

Diabe

Comments

Primary sample: Plasma

Methodology :Enzymatic reference method with hexokinase

Reviewed By:

Dr. Shailendra Rathod.MD Laboratory Director

Physician Specialist Clinical Pathology

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