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Name : Saiyad Iqbal Ansari **Sample Date** : 15/01/2023 18:00 PM **Report Date**

Lab. No.

: 3023124859

: 15/01/2023 19:40 PM

Contract.

: Nas (WN, VN)-Dubai Branch

Doctor references: Dr. Marvis Enyl

Patient No.

: 30-87555

File No.

: 28481

Age: 40 Year

DOB 21/02/1983

Sex

: Male

Branch

: Al Borg Lab. Dubai

Deirah

Cholesterol/HDL/LDL/Triglycerides

| Test | Result | | Unit | Ref. Range |
|-------------|--------|---|-------|---|
| Cholesterol | 200 | Н | mg/dl | No risk <200 Moderate risk 200 - 240 |

High risk >240

Comments

Primary sample: Serum

Methodology: Enzymatic colorimetric assay in the presence pf peroxidase.

| Triglycerides (TG) in Serum | 230 | Н | mg/dL | Normal<200 |
|-----------------------------|-----|---|-------|------------|
|-----------------------------|-----|---|-------|------------|

Comments

Primary sample: Serum

Methodology: Enzymatic colorimetric assay

| HDL Cholesterol | 38 | L | mg/dL | Optimum level ≥ 60 Borderline risk: 40-59 |
|-----------------|----|---|-------|--|
| | | | | |

High risk: <40

Comments

Primary sample: Serum

Methodology: HOmogeneous Enzymatic colorimetric assay.

| mal <100 optimal 100-129 |
|-----------------------------|
| |

Borderline high 130-159

High 160-189 Very high >189

Comments

Sample type: Serum Methodology: Calculation

*This is non-accredited test.

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Deirah

Cholesterol/HDL/LDL/Triglycerides

| Test | Result | | Unit | Ref. Range |
|---------------------|--------|---|-------|--|
| Non-HDL Cholesterol | 162 | Н | mg/dL | very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100 |

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD Laboratory Director Physician Specialist Clinical Pathology

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** End Of Report **

Verified By: Shailendra Rathod.MD

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: Nas (WN, VN)-Dubai Branch

Patient No.

: 30-87555

Doctor references: Dr. Marvis Enyl

File No. **Branch**

: 28481

: Al Borg Lab. Dubai

Deirah

Glucose in Plasma (Fasting)

Age: 40 Year

DOB 21/02/1983

Sex

: Male

Chemistry Unit

Test Result Unit

Ref. Range

70 - 100 114 mg/dl

Normal: 70 - 100 Pre-Diabetes: 100 -125

Diabetes: ≥ 126

Comments

Primary sample: Plasma

Methodology :Enzymatic reference method with hexokinase

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director**

Physician Specialist Clinical Pathology

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