

Name : Jonathan Anapen Velasco
Lab. No. : 7023872
Contract. : Next Care Insurance - Sharjah
Branch 20% Co-Pay
Patient No. : 784198518419472
File No. : 37280

Sample Date : 11/02/2023 19:09 PM
Report Date : 12/02/2023 13:26 PM

Branch : Al Borg Lab. Sharjah Br. 1 Age : 38 Year DOB 17/06/1985 Sex : Male

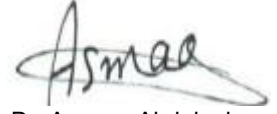
Chemistry Unit

Test	Result	Unit	Ref. Range
Glucose in Plasma (Fasting)	111	H mg/dl	70 - 100 Normal: 70 - 100 Pre-Diabetes: 100 -125 Diabetes: ≥ 126

Comments

Sample Type: Plasma, Flouride
Methodology: Hexokinase

Reviewed By:



Dr. Asmaa Abdelaal
Laboratory Director
Specialist Clinical
Pathology
License no. D52062

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Glycated Haemoglobin (HbA1c)

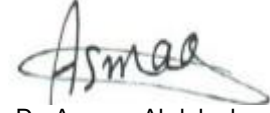
Test	Result	Unit	Ref. Range
Hb A1c % {According to (DCCT/ NGSP)}	7.2	%	(NGSP Standardized) Normal: 4 - 5.6 Prediabetic: 5.7 - 6.4 Diabetes: ≥ 6.5 Controlled Diabetes: <7
Mean of blood glucose (in the last 3 months)	159	mg/dl	

Comments

Sample type: Whole Blood (EDTA)
Methodology: Enzymatic

*This is non-accredited test.

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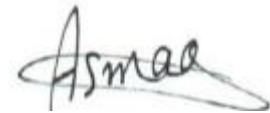
Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range
Cholesterol	144	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Triglycerides (TG) in Serum	129	mg/dL	Normal<200
HDL Cholesterol	37 L	mg/dL	No risk >60 In risk <50
LDL Cholesterol	81	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189
Non-HDL Cholesterol	107	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.
The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

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Verified By : Asmaa Abdelaal
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