

طريق الو بكر الصديق، مقابل مركز القبائل، سنشري 21، بناية - دبي

: 24/02/2023 16:07 PM

Name

: Asha Thattasseril Neelakandan

Lab. No.

: 7023918

Contract.

: Next Care Insurance - Sharjah

Branch

Patient No.

: 784197873102186

File No.

: 37217

Branch : Al Borg Lab. Sharjah Br. 1

Age : 45 Year

DOB: 25/05/1978

Sample Date

Report Date

Sex : Female

Doctor references: Dr. Tahniyat Iqbal

Cholesterol/HDL/LDL/Triglycerides

| Test | Result | | IIte | |
|-----------------------------|--------|---|-------|---|
| Cholesterol | Result | | Unit | Ref. Range |
| | 230 | Н | mg/dl | No risk <200 Moderate risk 200 - 240 High risk >240 |
| Friglycerides (TG) in Serum | 233 | Н | mg/dL | Normal<200 |
| HDL Cholesterol | 47 | £ | mg/dL | No risk >60 |
| DL Cholesterol | | | | In risk <50 |
| - De Cholesteror | 137 | | mg/dl | Patient at very high CV risk: Less than 55 |
| | | | | Patient at high CV risk: Less than 70 |
| | | | | Patient at moderate CV risk: Less than 100 |
| | 4 | | | Patient at low risk: Less than 116 |

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Sharjah Br. 1

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| Test | Result | | Unit | Ref. Range |
|---------------------|--------|---|-------|--|
| Non-HDL Cholesterol | 183 | H | mg/dL | very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100 |

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Asmaa Abdelaal **Laboratory Director** Specialist Clinical Pathology

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