



Name : Mehmet Buyukkaya **Sample Date** : 04/03/2023 19:51 PM **Report Date** : 04/03/2023 21:48 PM

Lab. No. : 3023128618

: Peshawer medical L.L.C Contract.

Patient No. : 30-90159 File No. : 39567

: Al Borg Lab. Dubai Branch Age: 41 Year DOB 06/09/1982 Sex : Male

Deirah

# **Urine Analysis**

Test	Result	Unit	Ref. Range
Urine Physical Examination			
Colour	Yellow		Yellow
Aspect	Turbid		Clear
Specific Gravity	1.030	Н	1.005 - 1.028
рН	5.0		5 - 8
Leucocyte esterase	Absent		Absent
Nitrite	Absent		Absent
Protein	Absent		Absent
Glucose	Absent		Absent
Ketones	Present (+)		Absent
Urobilinogen	Absent		Trace
Bilirubin	Absent		Absent
Blood and Haemoglobin Urine Microscopic Examination	Present (+)		Absent
W. B. Cs / HPF	1-2	cells	0 - 7
R. B. Cs / HPFs	3-5	cells	0 - 6
Epithelial Cells / HPF	Absent	cells	Few to some cells
Casts	Absent		Absent
Crystals	Calcium Oxalate Crystal (+)		Absent

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### **Urine Analysis**

est Result Unit Ref. Range

Amorphous Elements Amorphous Urates (++) Absent

Comments

Sample type: Urine

Methodology

Semi-automatic benchtop instrument Combiscreen 11SYS

\*This is non-accredited test.

Reviewed By:

Dr. Shailendra Rathod.MD Laboratory Director Physician Specialist Clinical

: 04/03/2023 21:48 PM

Pathology

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Name : Mehmet Buyukkaya **Sample Date** : 04/03/2023 19:51 PM **Report Date** : 04/03/2023 21:05 PM

Lab. No. : 3023128618

Contract. : Peshawer medical L.L.C Patient No. : 30-90159

File No. : 39567

: Al Borg Lab. Dubai Branch Age: 41 Year DOB 06/09/1982 Sex : Male

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## **Glycated Haemoglobin (HbA1c)**

Test	Result	Unit	Ref. Range	
Hb A1c % {According to (DCCT/ NGSP)}	5.1	%	(NGSP Standardized) Normal: 4 - 5.6 Prediabetic: 5.7 - 6.4 Diabetes: ≥ 6.5 Controlled Diabetes: <7	
Mean of blood glucose (in the last 3 months)	100	mg/dl		
Commente				

### Comments

Primary sample: Whole blood

Methodology: Turbidimetric inhibition immunoassay(TINIA)

\*This is non-accredited test.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical** 

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: 39567

Patient No. : 30-90159

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# Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range
Cholesterol	186	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay in the presence pf peroxic	dase.		
Triglycerides (TG) in Serum	60	mg/dL	Normal<200
Comments Primary sample: Serum Methodology: Enzymatic colorimetric assay			
HDL Cholesterol	60	mg/dL	Optimum level ≥ 60 Borderline risk: 40-59 High risk: <40
Comments Primary sample: Serum Methodology: HOmogeneous Enzymatic colorimetric assay.			
LDL Cholesterol	114	mg/dl	Patient at very high CV risk: Less than 55 Patient at high CV risk: Less than 70 Patient at moderate CV risk: Less than 100 Patient at low risk: Less than 116

# Comments

Sample type: Serum Methodology: Calculation

Recommended LDL- Cholesterol goal (mg/dL) based on cardiovascular risk stratification according to 2019 ESC/ EAS guidelines:

Please note the new reference range

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## Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range
Non-HDL Cholesterol	126	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

#### **Comments**

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.

The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:

Dr. Shailendra Rathod.MD **Laboratory Director Physician Specialist Clinical Pathology** 

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