

Name : Abid Haider Mohammad
Lab. No. : 70231005
Contract. : Next Care Insurance - Sharjah
Branch 20% Co-Pay
Patient No. : 70-259
File No. : 32880

Sample Date : 14/03/2023 15:45 PM
Report Date : 15/03/2023 09:38 AM

Branch : Al Borg Lab. Sharjah Age : 51 Year DOB 26/05/1972 Sex : Male
Br. 1

Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range	Lab
Cholesterol	184	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240	BSH
Triglycerides (TG) in Serum	97	mg/dL	Optimal<150mg/dl Borderline: 150-199 High risk: 200-499 Very high risk: ≥ 500	BSH
HDL Cholesterol	49	L mg/dL	Optimum level ≥ 60 Borderline risk: 40-59 High risk: <40	BSH
LDL Cholesterol	116	mg/dl	Patient at very high CV risk: Less than 55 Patient at high CV risk: Less than 70 Patient at moderate CV risk: Less than 100 Patient at low risk: Less than 116	BSH

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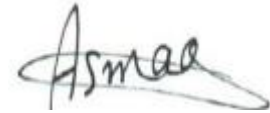
Test	Result	Unit	Ref. Range	Lab
Non-HDL Cholesterol	135 H	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100	BSH

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C. The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Lab: BSH

Reviewed By:



Dr. Asmaa Abdelaal
Laboratory Director
Specialist Clinical
Pathology
License no. D52062

BSH : This test was outsourced to Al Borg Medical
Laboratories - Sharjah, UAE