

LABORATORY REPORT

Name : **SANKET ANANT GHADGE ANANT GOVIND GHADGE** File. No. : **AAL02-365663**
DOB/Gender : **01-01-1990 (33 Yrs 11 Month 17 Days/Male)** Referral Doctor : **Dr. Enomen Goodluck Ekata**
Lab No. : **22233520189** Referral Clinic : **Peshawar(Irham Medical Center)**
Request Date : **18-12-2023 14:37:03** Clinic File No : **41903**
Insurance : **ALMADALLAH HEALTHCARE MANAGEMENT**

CLINICAL BIOCHEMISTRY

Test Name	Result	Units	Ref. Range	Method
*25-OH Vitamin D Total	23.90^L	ng/mL	Deficiency: < 10 Insufficiency: 10-30 Sufficiency: 30-50 Optimal: 50-100 Excess: >100 Toxicity: >150	CMIA

Conversion Formula: (Concentration in ng/mL) x (2.5) = nmol/L.

Vitamin D3 and Vitamin D2 are the most abundant forms of Vitamin D in the body. Vitamin D3 is synthesized in the skin from 7-dehydrocholesterol in response to sunlight. The best nutrition sources of D3 are oily fish primary salmon and mackerel. Vitamin D2' nutrition sources are from some vegetables, yeast and fungi. The vegetarian diet is abundant in Vitamin D2.

Vitamin D (D3, D2 and metabolites) is converted to 25-hydroxyvitamin D in the liver. The measurement of 25-OH vitamin D concentration in the serum or plasma is the best indicator of vitamin D nutritional status.

Vitamin D deficiency is commonly treated with vitamin D2 or D3 medications. Fortified foods and nutrition supplements may contain either form. Please note

Reference Range Reviewed w.ef 15/10/23 .

Remarks:

Test result to be interpreted in the light of clinical history and to be investigated further if necessary.

Sample Type : Serum

----- End Of Report -----

These tests are accredited under ISO 15189:2012 unless specified by (*)

Sample processed on the same day of receipt unless specified otherwise.

Test results pertain only the sample tested and to be correlated with clinical history.

Reference range related to Age/Gender.

Dr. Solmaz Siddiqui
Laboratory Director
DHA/LS/248469

H/L Collected On : 18-12-2023 11:00:00 Received On : 18-12-2023 14:37:00
Authenticated On : 18-12-2023 15:30:39 Released On : 18-12-2023 15:54:22



Wasik Hasan Tisekar
Laboratory Technician
DHA-P-0039673