

Patient Name : Mr. ZUBAIR ALI
Age / Gender : 25 Y / Male
Patient ID : QLD107169
Referred By : Dr. AISHA
Referral Client : CITICARE MEDICAL CENTER

Sample UID No. : 4107629
Sample Collected On : 11-08-2025 21:26
Registered On : 11-08-2025 21:28
Reported on : 12-08-2025 05:14
External Patient ID : 43985
Print Version : V.1

Department of SEROLOGY
Allergy Food Panel 44
Final Report

FOOD ALLERGY			
FOOD	الطعمه	Value	Result
Soybean	فول الصويا	0.07	Negative
Peanut	ول سودا . ين	0.00	Negative
Sesame seed	السسم	0.00	Negative
Hazelnut	البندق	0.00	Negative
Walnut	الجوز	0.00	Negative
Cashew nut	كاجو	0.00	Negative
Pistachio	فستق حل . يب	0.00	Negative
Coconut	جوز الهند	0.00	Negative
Wheat flour	طح ي القمح	0.00	Negative
Gluten	الغلوت ي	0.00	Negative
Pea	بازيال	0.30	Negative
Broad Bean	باقلاء	0.00	Negative
Green Bean	فاصوليا خ . ضاء	0.14	Negative
Lentil	عدس	0.00	Negative
Carrot	جزر	0.00	Negative
Tomato	بندوره	0.04	Negative
Potato	بطاطا	0.00	Negative
Onion	بصل	0.19	Negative
Rice Flour	طح ي الأرز	0.00	Negative
Egg White	بياض البيض	0.00	Negative

"QLabs compliance with ISO 15189:2022 standards"

Verified By



Sheik mohammed Irfan
Lab Technician

DHA No : 27218690-001



Authorised By



Dr. Dheepa Manoharan
Medical Director
Specialist Microbiologist
DHA No. 00231751-004

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FOOD	الطعمه	Value	Result
Egg Yolk	صفار البيض	0.00	Negative
Milk	حليب لبقر	0.00	Negative
Casein	بروت ي الحليب	0.00	Negative
Cheese (Cow)	جبنه حليب البقر	0.00	Negative
Chicken / Mutton	لحم الدجاج او الماعز	0.00	Negative
Duck	البط	0.06	Negative
Tuna	سمك التونه	0.04	Negative
Crab / Shrimp	للسلطعون او الروبيان	0.00	Negative
Cod Fish / Salmon	سمك الكود او السلمون	0.00	Negative
Apple	التفاح	0.00	Negative
Kiwi	الكيوي	0.00	Negative
Banana	الموز	0.00	Negative
Mango	المنجا	0.00	Negative
Strawberry	الفروله	0.00	Negative
Orange	ال بتقال	0.00	Negative
Grapes	العنب	0.00	Negative
Date	التمر	0.00	Negative
Olive	الزيتون	0.00	Negative
Cacao	ككاو	0.00	Negative
Bell Pepper	فلفل	0.00	Negative

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FOOD	الطعمه	Value	Result
Sunflower seeds	بذور عباد الشمس	0.08	Negative
CCD1 Bromelain	كن ربول النوعيه 1 بروميل ي	0.00	Negative
CCD2 Horseradish Peroxidase	كن ربول النوعيه 2 فجل ب بواكسيديز	0.00	Negative
CCD3 Ascorbat Oxidase	كن ربول النوعيه 3 حامض السي بيك اوكسدي ب	0.00	Negative

Impression

Allergy means an oversensitivity to foreign substances which are normally harmless. In addition to genetic predisposition, non-genetic factors such as allergen exposure, nutrition status, existing chronic diseases or acute virus infections play a role in allergies.

The most frequently occurring allergy is a type I oversensitivity reaction, in which specific IgE antibodies are formed. The symptoms generally occur shortly after contact with the allergen. . Therefore, this type of allergy is called an immediate type reaction. IgE antibodies are detected in the Food or Inhalant allergy test.

But, there also exist adverse reactions to food which are not IgE mediated. It is assumed that these adverse reactions are IgG mediated and are caused by a delayed reaction to a particular food substance. The symptoms are more generalised and tend to be chronic or recurrent and may persist for days. These IgG antibodies can be detected by Food intolerance tests.

Many allergens are glycoproteins and contain oligosaccharide side chains which are bound to the protein framework of the allergens. Some patients develop specific antibodies against these carbohydrate structures. CCD (Cross reactive carbohydrate determinant) can be found in a large number of allergens of vegetable or animal origin. Due to their significant similarity in structure, CCD's are known to cause strong cross reactivity. The determination of specific IgE antibodies against CCD's provides additional information, particularly with positive IgE results that don't fit with the clinical symptoms, thus serving as an interpretation aid.

0 to 0.34 (Class 0) Negative
0.35 to <0.69 (Class 1) Low threshold
0.70 to <3.49 (Class 2) Slight Increase
3.5 to <17.49 (Class 3) Significantly Increased
17.5 to <49.0 (Class 4) High
50 to <100 (Class 5) Very high
>= 100 (Class 6) Extremely High

No specific antibodies detected.
Often no clinical symptoms with an existing sensitization.
Existing sensitization, often with clinical symptoms in upper levels.
Clinical symptoms are often present
Almost always with existing symptoms

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