

Name : Wasim Abbas Aslam
Lab. No. : 7022472
Contract. : Next Care Insurance - Sharjah Branch
Patient No. : 784198690504257
File No. : 38140

Sample Date : 05/12/2022 09:35 AM
Report Date : 05/12/2022 21:05 PM
Doctor references : Dr. Tahniyat Iqbal

Branch : Al Borg Lab. Sharjah Br. 1 Age : 36 Year DOB 31/05/1986 Sex : Male

Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range
Cholesterol	189	mg/dl	No risk <200 Moderate risk 200 - 240 High risk >240
Triglycerides (TG) in Serum	493 H	mg/dL	Normal<200
HDL Cholesterol	34 L	mg/dL	No risk >60 In risk <50
LDL Cholesterol	96	mg/dl	Optimal <100 Near optimal 100-129 Borderline high 130-159 High 160-189 Very high >189

Comments

*This test was outsourced to an accredited laboratory.

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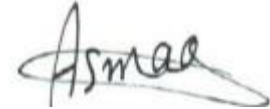
Cholesterol/HDL/LDL/Triglycerides

Test	Result	Unit	Ref. Range
Non-HDL Cholesterol	155 H	mg/dL	very high >220 High 190-219 Borderline high 160-189 Near Ideal 130-159 Ideal for people at risk of heart disease <130 Ideal for people at very high risk of heart disease <100

Comments

Patients with elevated levels of non-HDL-C and normal levels of LDL-C, often have an increased number of LDL particles, increased apo B or increased small, dense LDL particles and these are associated with an increased risk of CVD. Therefore non-HDL-C might be more valuable indicator of cardiovascular risk than LDL-C.
The treatment goal for non-HDL cholesterol in persons with high triglycerides (>199 mg/dl) is 30 mg/dl higher than their LDL cholesterol goal.

Reviewed By:



Dr. Asmaa Abdelaal
Laboratory Director
Specialist Clinical
Pathology
License no. D52062